

Children & Families Workforce Development Programme

'Developing Core Skills & Knowledge to Improve Outcomes for Children, Young

People and their Families'



<i>Training Title:</i>	Introduction to Motivational Interviewing (MI)	
<i>Trainer:</i>	Jackie Webb. Jackie is an experienced national trainer who has been practising Motivational Interviewing since 1995 and providing training in this field since 2010.	
<i>To book a Place:</i>	Follow this link to book a place and see further programmes available with the Early Help Partnership Workforce Development Programme. Any issues with bookings or using CPD, please contact Carol-Anne McNicol on childcare.jobs@bcpcouncil.gov.uk	
<i>Event Description:</i>	<p>This 2-day course aims to introduce participants to the spirit, principles and techniques of Motivational Interviewing (MI) used to help people make behavioural or attitudinal change. It aims to teach people the basic style and create curiosity to develop these valuable skills in the workplace. By the end of 2 days participants will feel able to start using aspects of the approach in their work. Participants will need to consider how they develop proficiency in MI following the training.</p> <p>Motivational Interviewing underpins the principles of Signs of Safety.</p> <p>The course uses a range of teaching methods to suit all learning styles, including demonstrations, video/audio clips, didactic presentation, visual imagery, discussion and practice exercises. Participants will be invited to take part in short practice exercises but will <i>not</i> be asked to role play service users.</p> <p><i>(Terms and conditions apply, available on website at time of booking.)</i></p>	
<i>Learning Outcomes:</i>	<p>By the end of the event, participants will have had the opportunity to learn about and explore:-</p> <ul style="list-style-type: none"> • Understanding the fundamental 'spirit' of MI • Being aware of the four processes of MI • Strengthening empathic counselling skills (OARS) • Understanding the guiding aspects of MI • Directly experiencing MI in a protective environment • Being aware of the evidence base supporting the use of MI 	
<i>Target Group:</i>	Available for all Bournemouth, Christchurch and Poole practitioners at the subsidised rate, who work with children, young people and their families to improve their outcomes: Including Private, Voluntary and Independent sector, Schools, Health and Local Authority staff.	
<i>Subsidised cost to participant:</i>	£20	<i>(Subsidised by the Early Help Workforce Development Programme, cost before subsidy £95.)</i>

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*Available
places:*

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