

Children & Families Workforce Development Programme

'Developing Core Skills & Knowledge to Improve Outcomes for Children, Young People
and their Families'

BCP
Council



<i>Training Event Title:</i>	Using a Solution Focused Approach (with a morning OR afternoon follow-on session.)
<i>Trainer(s):</i>	Erik Wagter. National trainer for Solution Focused Programmes.
<i>To book a Place:</i>	<p>Follow this link to book a place and see further programmes available with the Early Help Workforce Development Programme.</p> <p>Any issues with bookings or using CPD, please contact Carol-Anne McNicol on childcare.jobs@bcpcouncil.gov.uk)</p>
<i>Event Description:</i>	<p>This is a two-and-a-half-day course. The first two days run one after the other, with a morning OR afternoon follow-on session six to eight weeks afterwards. The first two-day block will give you the skills and knowledge to use a Solution Focused Approach with children, young people and their families. The follow-on morning OR afternoon session will enable you to discuss your experience of using the learnt techniques, embed your learning and further increase your confidence in using a Solution Focused Approach.</p> <p>All three dates must be attended to gain certification.</p> <p>(Terms and conditions apply, available on website at time of booking.)</p>
<i>Learning Outcomes:</i>	<p>By the end of the event, participants will have had the opportunity to learn about and explore: -</p> <ul style="list-style-type: none"> • The skills and attitude needed when supporting someone in achieving positive change. • Understand how to create an instant connection and build a trusting relationship with the service user. • How to increase someone's motivation and willingness to engage with the process of change and to take ownership of their journey. • How to help the service user gain clarity of what they want to achieve from working with you. • Learn how to change the focus from what they no longer want to what they do want. • How to help the service user create a detailed picture of their preferred future • How to use the five easy-to-follow steps within the Solution Focused approach to guide someone on their journey to achieve positive change • How to use the 'miracle question' to help the service user gain clarity when they feel overwhelmed. • The six human needs – to understand what drives people's behaviour and why we do what we do. There is logic to it all! • Understand how to turn negative behaviour around. • How to work with and positively influence the service users who constantly say 'I don't know' • Understand the importance of taking notes during a session

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	<ul style="list-style-type: none">• How to create an exit strategy that works for both yourself and the service user.
<i>Target Group:</i>	Available for all Bournemouth, Christchurch and Poole practitioners at the subsidised rate, who work with children, young people and their families to improve their outcomes: Including Private, Voluntary and Independent sector, Schools, Health and Local Authority staff.
<i>Subsidised cost to participant:</i>	£25 <i>Subsidised by the Bournemouth Early Help Workforce Development Programme (the full cost before subsidy is £155.)</i>
<i>Closing date:</i>	2 weeks before the event
<i>Available places:</i>	16 Limited to 2 practitioners per organisation, (more than this number may register to be included on the waiting list and will be offered a place numbers permitting.)