

Children & Families Workforce Development Programme

'Developing Core Skills & Knowledge to Improve Outcomes for Children, Young People
and their Families'



Training Event Title:	Handling Teenage Behaviour Parenting Programme
Trainer(s):	Joy Osborn (Joy is a highly regarded National Trainer and Company Director of: future child care training)
To book a Place:	<p>Follow this link to book a place and see further programmes available with the Early Help Workforce Development Programme.</p> <p>Any issues with bookings or using CPD, please contact Carol-Anne McNicol on childcare.jobs@bcpcouncil.gov.uk)</p>
Event Description:	<p>The aim of this two-day training is to equip all who work with teenagers to understand and handle teenage behaviour, to build their confidence, self-esteem and skills as well as encourage involvement in the community.</p> <p>This course will provide professionals with the necessary knowledge and skills to deliver the 'Future For Families' Parenting Programme. The course teaches workers how to use the parenting programme to run parent groups, or use the materials with parents on an individual basis. Workers are awarded a handbook that provides a step-by-step guide to running each parent session, as well as a book of handout materials.</p> <p>(Terms and conditions apply, available on website at time of booking.)</p>
Learning Outcomes:	<p>By the end of the event, participants will have had the opportunity to learn about and explore:-</p> <ul style="list-style-type: none"> • An understanding of teenage development and how self-esteem impacts on behaviour. • An understanding of the scope of the course materials and its application in both groups and individual settings. • A working knowledge of the 'Future for Families' Handling Teenage Behaviour Parenting Programme materials. • Familiarity with the exercises and techniques used on the course and an understanding of how to use these with parents. • An approach that aims to prevent family breakdown and keep teenagers safe in all aspects of their lives. • An understanding of teenage behaviour and how to provide a framework for handling behaviour that parents can relate to and use in family life. • An understanding of the importance and impact that collective responsibility can have in the community on the behaviour of young people. • Adequate knowledge and skills to set up and run their own 'Future for Families' 8 week parenting programme to groups of parents/carers, as well as use the materials within individual family units. • There is an expectation that workers and parents will complete an evaluation form to enable us to provide evidence concerning the effectiveness of this parenting programme.

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BCP
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Target Group:	Available for all Bournemouth, Christchurch and Poole practitioners at the subsidised rate, who work with children, young people and their families to improve their outcomes: Including Private, Voluntary and Independent sector, Schools, Health and Local Authority staff.
Subsidised cost to participant:	£ 20 <i>Subsidised by the Bournemouth Early Help Workforce Development Programme (the full cost before subsidy is £175)</i>
Closing date:	2 weeks before event
Available places:	20 Limited to 2 practitioners per organisation, (more than this number may register to be included on the waiting list and will be offered a place numbers permitting.)