

Children & Families Workforce Development Programme

'Developing Core Skills & Knowledge to Improve Outcomes for Children, Young People
and their Families'

BCP
Council



<i>Training Event Title:</i>	Getting the Best from Yourself & Others; Developing Coaching Skills.
<i>Trainer(s):</i>	Suzanne Miles - Innervision Coaching
<i>To book a Place:</i>	<p>Follow this link to book a place and see further programmes available with the Early Help Workforce Development Programme.</p> <p>Any issues with bookings or using CPD, please contact Carol-Anne McNicol on childcare.jobs@bcpcouncil.gov.uk)</p>
<i>Event Description Day 1:</i>	<p>The first morning of this two-day workshop gives you the opportunity to explore, how what makes you an individual can also hold you back or drive you forwards.</p>
<i>Event Description Day 2:</i>	<p>The afternoon will then allow you to explore how others operate and how we all influence each other. This then gives us the mechanisms to communicate more effectively and achieve positive individual and group goals with ourselves, children, young people and their parents. Increasing your skills to have those 'difficult' conversations which sometimes are needed when doing Early Help Assessments, or working with your colleagues.</p> <p>The second day of this interactive workshop builds on the first and gives you the opportunity to learn and practise the skills coaches use to achieve positive and motivating results with clients of varying ages, personalities and life experiences. These skills will not only help you to support children, young people and their parents but to also successfully coach yourself.</p> <p>(Terms and conditions apply, available on website at time of booking.)</p>
<i>Learning Outcomes Day 1:</i>	<p>By the end of the Event, participants will have had the opportunity to learn about and explore:-</p> <ul style="list-style-type: none"> • Individual learning styles, strategies and drivers and how this affects behaviour • Personality types, learned behaviour and values and their influence on decision making and communication • Models of the world and how to apply this information • How conflict can be minimised and relationships enhanced • How to work with this information to create motivating individual and group goals
<i>Learning Outcomes Day 2:</i>	<ul style="list-style-type: none"> • A working knowledge of the structure coaches use to get successful goal-orientated results • How coaches manage their time during a coaching session so that clients leave motivated and ready for action • How to use body language signals to gain rapport and enhance communication • How to use coaching language skills to help create new thinking and behaviour patterns leading to the successful achievement of personal

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	goals
<i>Target Group:</i>	Available for all Bournemouth, Christchurch and Poole practitioners at the subsidised rate, who work with children, young people and their families to improve their outcomes: Including Private, Voluntary and Independent sector, Schools, Health and Local Authority staff.
<i>Closing date:</i>	2 weeks before event
<i>Subsidised cost to participant:</i>	£ 20 <i>Subsidised by the Bournemouth Early Help Workforce Development Programme (the full cost before subsidy is £80)</i>
<i>Available places:</i>	20 Limited to 2 practitioners per organisation, (more than this number may register to be included on the waiting list and will be offered a place numbers permitting.)