




# Virtual Children's Centre: Targeted Interventions



July 2020

## For children and families with an under 5 year old

Please complete the relevant referral/request for support form if you think a family needs to attend one of these groups.

School Readiness Groups: Christchurch and Poole		Referral or request for support
<p><b>Starting Out for Babies and Toddlers</b></p> 	<p>This group is for parents, babies and toddlers and will give lots of ideas for free or low-cost activities that you can do in your own home to support learning and development.</p>	<p>Please use our Referral to Poole Groups <a href="#">form</a>.</p>
Parenting Groups: Christchurch and Poole		Referral or request for support
<p><b>Me and My Baby and Toddler</b></p> 	<p>This group supports parents with children under one, and toddlers, to enhance their learning and development by making the most of everyday opportunities.</p>	<p>Please use our Referral to Poole Groups <a href="#">form</a>.</p>
<p><b>Trick Box Bite Size</b></p> 	<p>The Trick Box Programme is all about developing happy life habits for the whole family, including being calm, being confident, better communication and being creative in your choices.</p>	<p>Please use our Referral to Poole Groups <a href="#">form</a>.</p>
Speech and Language Groups: Christchurch and Poole		Referral or request for support
<p><b>Play, Learn, talk</b></p>	<p>This group is available to families with children aged 2–4 years old with difficulties with their communication and language development.</p>	<p>Please use our Referral to Poole Groups <a href="#">form</a>.</p>
<p><b>Bookstart</b></p>	<p>This group will help to increase a child's confidence when it comes to reading and/or singing. It will give parents more ideas on activities to do</p>	<p>Please use our Referral to Poole Groups <a href="#">form</a>.</p>

## Targeted Intervention Groups / continued

School Readiness Groups: Bournemouth and Christchurch		Referral or request for support
<b>Ready, Steady, Go!</b>	This group is for children aged 1-5 years and will help support them to become 'life ready'. With a focus on physical development, confidence, self-esteem, 'school readiness' and improving social skills.	Please use the Bournemouth Request for Support <a href="#">form</a> and send to Bournemouth Children's Centres. Or phone your local Children's Centre.  This process remains the same as before lockdown. Where a family is deemed vulnerable the family may be able to access the intervention within the local Children's Centre, subject to Covid 19 risk assessment.
<b>Come Talk With Me</b>	This group is for children aged 2 or 3 years, supporting parents who have concerns with their child's speech and language development.	Please use the Bournemouth Request for Support <a href="#">form</a> and send to Bournemouth Children's Centres. Or phone your local Children's Centre.  This process remains the same as before lockdown. Where a family is deemed vulnerable the family may be able to access the intervention within the local Children's Centre, subject to Covid 19 risk assessment.
Transition Group: Bournemouth, Christchurch and Poole		Referral or request for support
<b>Starting School Together</b>	This group supports parents and their child in their transition into Reception year.  To help get children ready for school this year we are offering Starting School Together virtually – the sessions will be delivered by our staff in a variety of ways including by telephone and face to face sessions.	<b>Bournemouth families:</b> Please use the Bournemouth Request for Support <a href="#">form</a> and send to Bournemouth Children's Centres.  <b>Christchurch and Poole families:</b> Please use our Referral to Poole Groups <a href="#">form</a> .