

## Consequences for Misbehaviour

Consequences work best for misbehaviours that don't happen too often.

- Where possible, make the consequence logical; if the child is fighting over a toy with another child, then the toy is taken away for 10 minutes.



- Consequences work best if they are brief - 5 to 30 minutes, so the child has the chance then to practice the correct behaviour.

- Act as soon as the problem has happened



- Ignore any complaining - don't discuss the issue with the child



- Tell the child why they are getting the consequence; e.g. "Sam, you are arguing over the computer, so it is going off for 10 minutes."



- Keep to the agreement. When the consequence is over the child then has the chance to practice the right behaviour.



- To prevent the same thing happening again, help the child to find a better way of solving the problem, e.g. help them decide who goes first on the computer



- If the behaviour happens again, put the consequence in place for longer, or use another consequence like quiet time or time out.

