



Commissioner update

Opiate Substitute Therapy (OST) review: As a direct result of the OST review, people in Bournemouth wanting access to substitute prescribing for opiate use, will be offered an assessment and appointment to see a Dr on the same day. This means, if medically appropriate people will be able to walk out the door with a script on the same day as their comprehensive assessment; preparation groups for prescribing have been scrapped.

Council Car Parks: We have been working with our civil enforcement colleagues within the council to help make car parks a safer place for everybody. It is no surprise that people use car parks as a place of shelter if they are rough sleeping or leading a chaotic lifestyle associated with substance misuse, however, what often come with this is discarded drug paraphernalia which increases the risk of exposure to blood borne viruses. After a meeting with council colleagues the DACT has; organised training to be delivered by Alan Dobson from Addaction on Needle Stick injuries, designed posters to be displayed in council car parks which signpost people to the BEAT for support and reiterate the needle 'exchange' message, and again via Addaction, provide information, advice and support to staff on safe disposal of paraphernalia. It was heart warming at the meeting to hear the compassion and understanding colleagues have for this cohort who are all too often ostracised from society.

New member of staff within the team: We would very much like to welcome Monika Gromacka to the team. Monika is taking up the role of Commissioning Assistant within the DACT.

DACT Procedures, Pathways and Guidance documents: Staff within the DACT been spending time over the summer updating local procedures and guidance for the team and local drug and alcohol treatment providers. The updated work will soon be available via the DACT website which providers will be able to access. the documents.

Recovery on the Beach 2018: Well done to Streetscenes Allington House for winning this years beach volleyball tournament as part of the Recovery on the Beach Day on the 10th August. Given the random gale-force weather on the day, around 80 people turned up for the somewhat wet and windy event with around 10 teams taking part. Due to the weather, a decision was taken later on in the day to cancel the beach BBQ and Remembrance event, however the food and donated cakes (thank you bakers) went home with attendees so nothing went to waste. Councillor Jane Kelly kindly braved the weather to award the medals to the winners, getting a soggy hug from each of them. Thanks goes out to everyone who helped organise the event including financial sponsors JD Homes and JP Morgan. Next years event has a proposed date of Friday August 16th 2019. Contact the DACT if you would like to get involved.

Child Exploitation and County Lines:

DACT and Addaction representatives attended a half day workshop in September to 'Develop an understanding of the level of risk and prevalence of exploitation for children, young people and vulnerable adults'.

The aim of the multi-agency workshop was to review intelligence, explore potential risk and 'hot spot' areas to inform the updating of the Pan Dorset Multi Agency Child Exploitation Strategy including Sexual Exploitation, Missing and Trafficked Children and Criminal Exploitation.

Discussions around the table included 'where and how services currently identify such risks', 'what do services do with the information at present' and 'how can we improve the identification, assessment and response to exploitation'. Some of the themes coming out of the discussion included; raising awareness in our communities around child and vulnerable adult exploitation, the need for local authorities to step in earlier when a young person is at risk of exclusion from school, understanding that a person presenting with anti-social behaviour may in fact be vulnerable, joining up the information that services have in to a single arena, have a better understanding of where looked after children are being placed and who they are being placed with; and the creation of a single generic screening/assessment type tool to identify exploitation.

Talks from local police highlighted case studies of exploitation to give a greater understanding of how cuckooing and exploitation take place for adults and children. There was also talk of the use of a 'vulnerability assessment tracker' which is currently being used by the Met.

The event was hosted by the Bournemouth and Poole LSCB and Dorset SCB.

For further information on County Lines:

<https://www.childrensociety.org.uk/what-is-county-lines>

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/698009/serious-violence-strategy.pdf

<https://www.youtube.com/watch?v=qnBfBiH9B-A>

Through the Early Help Partnership, Bournemouth Council will soon be able to offer training to the workforce on County Lines. Training will be available via CPD online <https://www.bournemouthcpd.co.uk/portal/>

New website for Bournemouth and Poole Safeguarding Childrens Board

<https://bournemouth-poole-lscb.org.uk/>

The new website will provide a more user-friendly experience for everyone. The Pan-Dorset Multi Agency Safeguarding Procedures are also currently undergoing a refresh and will be published soon. Keep an eye out on the website for demo sessions of the new safeguarding manual.

The background to the formation of LSCBs is the shared objective to improve the well being and outcomes for all children. The work of the LSCB has a particular focus on the 'stay safe' outcome. Ensuring that work by all agencies to protect children from harm is properly co-ordinated and effective is the key goal of the LSCB.

IMPORTANT UPDATE

There is now one Pan-Dorset MASH Inter Agency Referral form which replaces the current Dorset and Bournemouth & Poole forms.

The new form can be downloaded from the lscb website.

News from the DACT

Bournemouth and Poole Children's Social Care **OUT OF HOURS SERVICE.**

...a guide for professionals.

From the 5th November 2018 the Bournemouth and Poole Children's Social Care Out of Hours service will offer a single point of access. Contact should be made only if a child or young person is at serious risk of significant harm and the situation cannot wait until 9:00am the next working day. **For all other emergencies involving a child please call the relevant emergency services via 999 or 101.** Contact details for the service will be available through the local Councils in the very near future.



'Cut your Strings' campaign

The Cut you Strings campaign is about raising peoples understanding that controlling and coercive behaviour is domestic abuse and is illegal.



The 3 short animations and an introductory message by HRH The Duchess of Cornwall making up the campaign were made in collaboration with Bournemouth University, the Dorset High Sheriff John Young, Dorset Police, the Dorset Police and Crime Commissioner, Wessex Crown Prosecution Service and the Safer Poole Partnership.

Bournemouth University students were asked to create a short animated film to help raise awareness of what constitutes controlling and coercive behaviour.

Dorset PCC Martyn Underhill said: *"I am delighted to be supporting the 'Cut Your Strings' campaign. Coercive and controlling behaviour sees victims become captives in a world created by their abusers, a world ruled by contradiction, isolation and fear, so raising awareness of this type of criminal behaviour is incredibly important."*

"One of the biggest issues with this new offence is explaining the offending behaviour so victims can realise they are suffering abuse. We also need to demonstrate to victims that coercive and controlling behaviour is not ok. This campaign achieves both."

Examples of **controlling and coercive behavior** include:

- Your partner making serious threats to control and manipulate you
- Your partner often tracking your movements and monitoring your devices to control you
- Your partner often isolating you from your friends, family or interests

The animations, and contacts for support can be accessed by the following link on the Dorset Police website:

<https://www.dorset.police.uk/> and search for Cut Your Strings; or use the following link:

<https://www.dorset.police.uk/help-advice-crime-prevention/abuse-exploitation-neglect/domestic-abuse/cut-your-strings-controlling-and-coercive-behaviour/>

Are you worried about losing your home, or concerned for a friend or family who may be at risk of eviction?

The Housing Early Prevention Service can help



phone 01202 633819
or email
earlyprevention@poole.gov.uk

Mon to Thurs
9am to 5pm
Friday
9am to 3pm.

Domestic Homicide Reviews: Domestic Homicide Reviews are one way to improve responses to domestic violence and aim to prevent further homicides. Two Bournemouth reviews are now publicly available through the Community Safety Partnership via the Councils website. There are opportunities to be learned for anyone who reads the reports and consider how they work with people where violence is prevalent and think about what life is like for them.

The full report, a summary and a letter from the Home Office can be accessed via:

https://www.bournemouth.gov.uk/SearchResults.aspx?search_keywords=domestic%20homicide%20reviews

In the interest of learning brief examples of extracts the learning synopsis are detailed below (the full synopsis of learning have been shared with relevant agencies):

- ◆ Everybody needs to be more aware of the nature of coercive and controlling behaviour.
- ◆ Workers need to know how to 'ask and act' about domestic abuse.
- ◆ Agencies need to consider working with people in different ways to encourage / maintain engagement.
- ◆ Agencies need to understand the implications of supporting someone with a learning disability to access domestic abuse support (e.g. making sure information is understood, broken down in to simple steps and can be remembered).
- ◆ Agencies must consider the housing situation they are placing a potentially vulnerable person in to.
- ◆ Assessing the risk regularly allows for risk management to be more targeted and less reactive.

Harm minimisation:

Citric Acid: In May 2018, a presentation by Dr Magdalena Harris at a national conference regarding soft tissue infections amongst people who inject drugs (PWID) highlighted the lack of knowledge about acidification amongst this cohort. As a result the pan-Dorset Harm Reduction group has decided to remove the availability of citric acid at the central needle exchanges. This decision was made in consultation with service users. Vitamin C will still be on offer at the central needle exchanges for people to use.

Hepatitis C: There are new hepatitis C medications that have been shown to make treatment more effective and in many cases, a combination of these newer medications may be taken without needing to take pegylated interferon and ribavirin as well. Treatment is also becoming more and more available; so it makes sense to offer people a dried blood spot test and if positive for Hep C, offer support and a referral to hospital; it also makes sense to get the word out there to people who have been living with Hep C and are unaware of the new advancements and treatment opportunities. Lets get people tested, treated and cured. Testing and referral for treatment is available to service users within the treatment system. Service users can speak to their key worker / care coordinator for more information.

All Party Parliamentary Group (APPG) on Liver Health. **Eliminating Hepatitis C in England** <http://www.appghep.org.uk/download/reports/Eliminating%20Hep%20C%20APPG.pdf>

Pregabalin and gabapentin to be controlled as class C drugs: The government has announced that, following ACMD's recommendation, and public consultation, pregabalin and gabapentin will be brought under the control of the Misuse of Drugs Act in April next year, as Class C Schedule 3 Controlled Drugs without the safe custody requirements. This is the same basis on which tramadol became controlled in 2014. The consultation and government response are at: <https://www.gov.uk/government/consultations/pregabalin-and-gabapentin-proposal-to-schedule-under-the-misuse-of-drugs-regulations-2001>

Date source: <https://www.ndtms.net/>

Community Adult Treatment Performance Reports - Bournemouth

Numbers in Treatment:

	Sep17 - Aug18
Opiate	695
Non-opiate only	63
Non-opiate and Alcohol	97
Alcohol only	286

Apart from Non-opiate only, numbers in treatment are decreasing.

New presentations to Treatment:

	Apr18 - Aug18
Opiate	109
Non-opiate only	24
Non-opiate and alcohol	35
Alcohol only	118

New presentations are similar to 2017 figures.

Effective Treatment Opiates:

	Jun17 - May18
Number in treatment	715
Effective treatment	657
Proportion in effective treatment	92

Community Young People (YP) Treatment Performance Reports - Bournemouth

Month	No. In Treatment	No. In Treatment - YTD	Discharges
Apr 2018	16	16	*
May 2018	19	21	5
Jun 2018	18	25	5
Jul 2018	15	27	*
Aug 2018	14	29	*

NDTMS National Monthly Report Summary - August 2018

- In August 2018 there were **53,745** clients over the age of 18 that had started treatment within the previous year. This is **an increase** of **2,485** compared to the same month last year.
- In August 2018, there were **4,220** young people (< 18) who received substance misuse treatment, of which **412** started treatment this month. This is **a decrease** of **425** compared to the same month last year.

Local update (non ratified) via HALO bespoke database system April 2018—Sept 2018

- ◆ 720 adult referrals (that's 27 referrals a week!) and 49 young people referrals
- ◆ 15% adults and 39% of young people completed treatment successfully
- ◆ 8% adults and 32% of young people declined treatment
- ◆ 9% adults and 4% of young people dropped out of treatment

Upcoming events

Stoptober: time to quit?

Smoking is the biggest cause of preventable deaths in England and it doubles the risk of you having a heart attack or stroke. What's more, the cost of smoking has increased by nearly 100% over the last 10 years!

Stoptober is back this October and it's the perfect time to quit! Get your free [Personal Quit Plan](#) to find the best way for you to quit.

[LiveWell Dorset](#) also offer health coaches who can talk you through your steps to success over a 12 month period. They'll help you to activate your stop smoke oomph. [Register now.](#)



REMEMBER...

Take Home 'Naloxone' is available from the BEAT.

Contact 01202 558855 to speak to a member of staff.

Naloxone saves lives by reversing the effects of overdose, giving you enough time to call emergency services for further help.



Health and Wellbeing Week

6th Nov to 15th Nov at the Big Issue Project in Bournemouth

The experience of homelessness can have seriously detrimental effects on physical and mental wellbeing. This is especially true for rough sleepers, who have an average life expectancy of just 42 years, compared with the national average of 74 for men and 79 for women.

However, poor physical or mental health, along with dependency (addiction) issues, are problems for the entire 1 n-poverty population, regardless of type of accommodation.

Physical disabilities, mental ill health or dependency issues can also trigger, or be part of, a chain of events that lead to someone becoming homeless.

Problems such as these can make it very difficult for people to engage with services and get the help and support they need and too often services are not set up to respond to the needs of homeless people.

The 2 week focus on Health and Wellbeing at Bournemouth Big issue will include Blood Borne Virus advice, Flu jabs, support for drug and alcohol problems and a mobile dog grooming service. For more details contact the Big Issue Office in Bournemouth: 51-53 Poole Hill, Bournemouth BH2 5PW, T 01202 589 870



1st Dec 18

FREE

NEEDLESTICK INJURY TRAINING

Free Needlestick injury training on
5th Dec 2:30pm – 4:30pm
at Bournemouth Town Hall.

Please can people use the following link
to book and enter their email
details in the comments section.

[https://doodle.com/poll/
xt3gmrs4ibwq8xhu](https://doodle.com/poll/xt3gmrs4ibwq8xhu)

FREE Dual Diagnosis training

for the drug and alcohol workforce on
10th December.

Morning or Afternoon session available.

Book via Doodle but remember to leave your contact
email in the comments section.

<https://doodle.com/poll/cq4acs7n4e8y2b55>

Bournemouth

**Drug and Alcohol Treatment system
workforce awayday ...**

to review the findings and discuss the
recommendations from the
Opiate Substitute Therapy Review.

20th November

invitation only

Service user feedback

Feedback in this issue is from people who took part in the review of opiate services.
Keep an eye out for the leaflet which contains more detail.

YOU SAID

“Waiting times too long between going to BEAT and starting on a script”

“Go straight to prescribing and then groups”

“You have to wait too long to get a restart appointment”

YOUR IDEAS

‘Open Door’ clinic to restart script.
Start on script same day as BEAT assessment.

More use of ‘blockers’ after detox.

More workshops for people who work.

WAY FORWARD

We will aim to:

- Reduce duplication
- Reduce waiting times
- Remove barriers

We will also work to adapt services in line with your suggestions; e.g. change the way assessments are undertaken, responding quicker to changes in scripts, reviewing content of groups.

Is there anything you'd like to see in the next newsletter?

Any stories you'd like to share?

Get in contact!

Please email any requests or inquiries to: DACT@bournemouth.gov.uk