



From April, the councils serving Bournemouth, Christchurch and Poole were replaced by one new council, responsible for all local government services for the area, now known as BCP Council. Unless advised otherwise, services are operating just as they were before. <https://www.bcpCouncil.gov.uk>

## Commissioner update

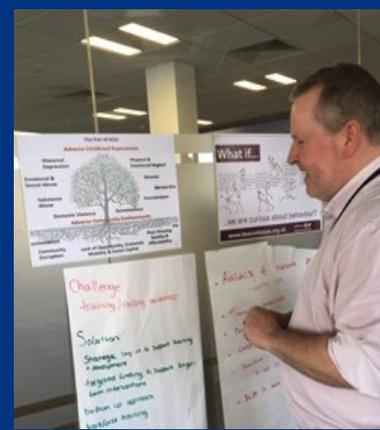


### Potential Opportunities With The New Council Boundaries:

The DACT and Public Health Dorset have been consulting with provider services Addaction, AWP (SDAS), EDAS and REACH (EDP) around the potential benefits the new BCP Council boundaries could bring to BCP residents needing drug and alcohol treatment. Whilst discussions are still in preliminary stages, service users could have their core treatment delivered in the location that best suits their needs and not necessarily by their postcode. Further opportunities could include an increase in titration clinics for opiate substitution therapy and more opportunities to access specialist groups that may only be running in a particular area. Commissioners and Providers will update stakeholders as talks progress.

### Adverse Childhood Experiences and Trauma Informed Care

**World Café Success.** Around 100 people contributed to the World Café event on 27<sup>th</sup> March, organised by Bournemouth University and the DACT. The aim of the event was to get people talking about ACEs and how to apply a trauma informed approach to working practice. Participants explored ideas, challenges and solutions in World Café style workshops, watched the Resilience Film, and, heard speakers reflect on a lived experience and local innovative approaches to working with adults with complex needs. The event, born out of a locality strategic ACE meeting group was the idea of



Stefan Kleipoedszus (Program Leader of a Qualifying Social Work Program at Bournemouth University). The ambition now is for the university to seek funding for an action research project, and for members of the strategic ACE meeting group to develop a strategy and framework for consideration within BCP Council. Organisers of the event would like to thank everyone who helped out on the day, in particular the following speakers and workshop facilitators: Karen Wood (DACT), Nicky Booth (BCP Early Help), Alan Dobson (Addaction BEAT), James Franzen (Nigel Bowes Campus—Tregonwell Academy), Ryan McCormack (Addaction Young People and Families service) and Andy Williams (BCP Community Safety Partnership).



### Dorset Safeguarding Children Board and Bournemouth & Poole Local Safeguarding Children Board Annual Conference

DSCB and Bournemouth & Poole LSCB Annual Conference took place on 13th February where the attendees had an opportunity to listen to Dr Warren Larkin talking about the Hidden harms - and why waiting to be told doesn't work'. Dr Larkin encouraged all professionals who work with children and young people to be proactive in asking questions and encouraging children and young people to talk about their feelings and experiences. The audience had a chance to talk to Dr Larkin afterwards and to ask for his specialist advice. This was followed by a short talk on teenage suicide prevention presented by Wendy Thorogood from Dorset CCG. There were five thought provoking workshops run throughout the day including 'Why people perpetrate domestic abuse and the impact on family' facilitated by Rachel Young, Domestic Abuse Coordinator and 'The impact of substance misuse on family relationships and functioning' facilitated by EDAS. The highlight of the conference was the feedback and reflections shared by the Student Ambassadors from Bournemouth & Poole College. Young People were given a chance to voice their views and opinion on services and professionals they have come across in their student and private lives. They also shared their dreams and hopes for the future. Their input was very powerful and it proved that children and young people need to be part of similar events in order for them to be heard and for professionals and services to meet their needs to learn what is and isn't working for children and young people. In the final part of his speech Dr Larkin said that from now on *unless young people are part of the event he will not accept the invitation* and that says it all!



### Potent cannabis increases risk of serious mental illness

Smoking potent 'skunk-like' cannabis increases your risk of serious mental illness, say researchers. They estimate around one in 10 new cases of psychosis may be associated with strong cannabis, based on their study of European cities and towns. They also found daily cannabis use makes psychosis more likely.

Experts say people should be aware of the potential risks to health, even though the study is not definitive proof of harm. People experiencing psychosis lose touch with reality, and may hear voices, see things that are not actually there or have delusional, confused thoughts. Psychosis is a recognised medical condition and different to getting high on a drug.

There is disagreement as to what extent cannabis might cause or worsen mental health problems and many countries have gone ahead and legalised or decriminalised cannabis use. Doctors are concerned about the growing use of high potency cannabis that contains high levels of the ingredient THC - the one that gives the high.

Skunk-like cannabis with a THC content of 14% now makes up 94% of the drug sold on the streets of London, according to experts.

The authors of the latest study carried out in 11 EU towns and cities, estimate in London, a fifth (21%) of new cases of psychosis might be linked to daily cannabis use, and nearly a third (30%) to high potency cannabis. Removing strong cannabis from the market would lower London's psychosis incidence rate from 45.7 to 31.9 cases per 100,000 people per year, the scientists estimate. For the South London region, they looked at, that would mean 60 fewer cases of psychosis each year. Nick Hickmott from the drug and alcohol charity Addaction said: "We've got a problem with potency. People who regularly take lots of high strength cannabis are at risk of potentially serious harm. It can be particularly harmful for younger, developing brains. Cannabis can vary in strength and type. Skunk tends to contain higher levels of THC than weed.



Addaction is the official partner for the recently released film Beautiful Boy, starring Steve Carell and Timothée Chalamet. The film, which was released in January, is based on memoirs by David Sheff and his son Nic. David Sheff is the father who witnesses his son's descent into drug addiction and the film is relayed through the father's eyes and his struggle to help Nic. Beautiful Boy mixes the ordinariness of family with a child's emerging drug addiction and impact on family unit. It's not easy viewing but it's important viewing.

Addaction was inceptioned many years ago on the back of a request for help and support by a family member, Mollie Craven, whose son had died of a heroin overdose. Mollie said that there wasn't help for people like her who had been so deeply affected by drug addiction. Ryan McCormack the lead of Bournemouth Young People and Families Addaction Team had the opportunity to go to a Premier British screening of Beautiful Boy and to take part in a Q and A with the actor Timothee Chalamet afterwards. Ryan shared that it proved to be a fantastic space to talk about services that Addaction provide and more

so to talk about how best to initially engage with clients and their families. Ryan also talked to the audience about Adverse Childhood Experiences (ACEs) and Resilience saying that our collective responsibility is to further this conversation in the public domain. Ryan hopes that as a result of those conversations and the film being screened in cinemas across the country more people will realise there is help available for all – substance user and family alike.



Relate Bournemouth, Poole & Christchurch is a local counselling charity which offer Relationship Counselling for individuals and couples, Family Counselling, Mediation, Children and Young People's Counselling and Sex Therapy. They also provide friendly and informal workshops for people at important stages in their relationships. Relate BPC work in partnership with schools and councils to subsidise counselling for those in greatest need. For further information please visit their website [www.relate-bournemouth.org.uk](http://www.relate-bournemouth.org.uk) or call 01202 311231.

## Population Wellbeing Portal

A central location for e-Learning to deliver improvements in public health, prevention and wellbeing



Public Health England (PHE) has worked with Health Education England to launch the new Population Wellbeing Portal. The portal offers free access to education, training and professional development resources, to help deliver improvements in public health and prevention. This includes resources from Health Education England (HEE), PHE, the Academy for Public Health for London and the South East, the Faculty of Public Health and many others. It also links in with 'All Our Health', PHE's framework of evidence to guide healthcare professionals in preventing illness, protecting health and promoting wellbeing. You will find links to e-learning, toolkits, videos, webinars and various publications. <https://populationwellbeingportal.e-lfh.org.uk>

**Drug and Alcohol Treatment Data Update (ref: <https://www.ndtms.net/> )**

**Numbers in Treatment.**

(18 and over)

**Bournemouth**

**Poole**

**Dorset**

	<b>Mar18 - Feb19</b>	<b>Mar18 - Feb19</b>	<b>Mar18 - Feb19</b>
Opiate	753	278	804
Non-opiate only	75	32	151
Non-opiate and Alcohol	120	45	230
Alcohol only	300	132	676

**Number and proportion of opiate / alcohol / non-opiate users that left drug treatment successfully and who do not represent to treatment within 6 months.**

**Opiate users (18 and over)**

**Bournemouth**

**Poole**

**England**

<b>Completion Period</b>
<b>Reporting Period</b>
All clients in treatment
Number of completions without re-representation
% of all clients completing and not re-presenting

<b>Sep17 – Aug18</b>		
<b>Feb 2019</b>		
705	258	140771
72	7	8500
10.21%	2.71%	6.04%

**Alcohol users (18 and over)**

**Bournemouth**

**Poole**

**England**

<b>Completion Period</b>
<b>Reporting Period</b>
All clients in treatment
Number of completions without re-representation
% of all clients completing and not re-presenting

<b>Sep17 – Aug18</b>		
<b>Feb 2019</b>		
285	150	76393
115	55	29056
40.35%	36.67%	38.03%

**Non Opiate users (18 and over)**

**Bournemouth**

**Poole**

**England**

<b>Completion Period</b>
<b>Reporting Period</b>
All clients in treatment
Number of completions without re-representation
% of all clients completing and not re-presenting

<b>Sep17 – Aug18</b>		
<b>Feb 2019</b>		
162	82	52085
80	33	18442
49.38%	40.24%	35.41%

Latest available data from the National Drug Treatment Monitoring System (NDTMS) for Bournemouth is showing an increase in Treatment in all areas apart from alcohol compared to data a year ago. Opiate users in Treatment in Bournemouth, Dorset and Poole account for 13.24% of the figures for the South West for opiate users in Treatment, this is slightly less than Bristol who are at around 18%.

<https://www.ndtms.net/Monthly/Adults>

## Events

### **An Introduction to Stalking Profiles**

**2nd May 2019**

Bournemouth Learning Centre

A one day course aiming to raise awareness and explore typologies of stalking amongst practitioners, to develop knowledge around support for victims and stalkers and to promote Stalking Clinic in Dorset.

**To book a place please contact Sian Jenkins at:**

[Sian.Jenkins@bcpcouncil.gov.uk](mailto:Sian.Jenkins@bcpcouncil.gov.uk)

### **Drug and Alcohol Awareness Training**

**19th June 2019**

Early Years Centre for Professional Development

A one day course to help practitioners develop knowledge around issues of Drug and Alcohol misuse and to build confidence when working with children, young people and their families where this is an issue .

**To book a place please visit CDP online:**

<https://www.bcpworkforcedevelopment.co.uk/cpd/default.asp>

### **Recovery on The Beach 16th August 2019**

**Annual Beach Volleyball Tournament, BBQ and summer sounds.**

Save the date / More details to follow



### **LSCB Child Criminal Exploitation – County Lines**

SPACE is a not-for-profit organisation responding to the national scourge and prevalence of COUNTY LINES (Child Criminal Exploitation) which has seen thousands of children & young people exploited and entrenched into organised crime, serious harm and violence. SPACE offers a unique perspective of County Lines stemming from law-enforcement & lived experience.

There are multiple dates throughout 2019-2020. **To book a place please visit Dorset Nexus online:**

<http://www.dorsetnexus.org.uk/Article/63017>

### **PREVENT Awareness Online Training**

This e-learning, developed by HM Government, is an introduction into the risks of radicalisation and the role that professionals and practitioners can play in supporting those at risk.

To complete the course please follow the link:

<https://www.elearning.prevent.homeoffice.gov.uk/la2/screen1.html>



### **Welcome to the Teams**



We would like to welcome new members who have joined SDAS and Bournemouth Addaction teams. They are Jodi Pitt clinical psychologist from SDAS, Jethro Lent and Ben Kaye—Young Persons and Families, Brett Moxhay Addaction Service Administrator, Vanessa Rodriguez—BEAT and Paula Loader—R&R. We hope that they have settle in well and are enjoying their new roles.

## Feedback from Service User Representatives

I have built my self-esteem and confidence.  
I love RHUB Addaction, it is a safe place to learn, grow, blossom and bloom.

Brilliant service. If you want to change you have to be ready to change, and RHUB is giving me the tools to rebuild my life.

The sense of community has been most helpful, and the amazing staff who are tireless in enthusiasm and energy.

It has given me back a life and hope for the future. For me it has been a god send. Take everything that's offered to you - I did and its working for me.

Is there anything you'd like to see in the next newsletter?

Any stories you'd like to share?

Get in contact!

Please email any requests or inquiries to: [DACT@bcpcouncil.gov.uk](mailto:DACT@bcpcouncil.gov.uk)