



# Inclusion and early intervention

## Training offer to schools 2020-2021

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### Inclusion and Family Services



Version: v2

Date: 16/09/2020



## **COVID-19 impact on training**

Many face-to-face training courses have been cancelled to help protect the health and safety of people during the coronavirus (COVID-19) pandemic. This has affected the quantity of opportunities available.

Bournemouth, Christchurch and Poole (BCP) Council Workforce Development Services, and its partners, are currently reviewing future courses and looking at safe and relevant ways of providing training. We will continue to periodically update our offer, and this document, as opportunities become available.

Please see the BCP School e-newsletter for updates and information about virtual and online training and support offers from a range of organisations. We will highlight any training offers around Special Education Needs and Disability (SEND) and Inclusion.

If you have any general queries relating to information in this document or about SEND or Inclusion training for schools, please email [workforcedevelopment@bcpcouncil.gov.uk](mailto:workforcedevelopment@bcpcouncil.gov.uk). For information on specific courses within this document, please contact the course administrator details included within the event 'booking information' field.

If you would like to promote any SEND or Inclusion training that your organisation may offer, please email [workforcedevelopment@bcpcouncil.gov.uk](mailto:workforcedevelopment@bcpcouncil.gov.uk) in the first instance.

## **Booking information**

Each event has a booking information field. This should provide one of three options:

1. enable you to click a link to book onto the course
2. give you an email to contact for more information
3. tell you where you can get more information

## **Useful links**

At the end of this document, we have collated a list of links from organisations who are providing training in the public realm to professionals and/or families.

Please feel free to explore these.

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# Leadership and management

## Course title

Effective middle leadership for support staff – Spring 2021

## Course description and learning objectives

The importance of having an effective middle leadership is crucial to a successful school and should not be underestimated. Effective middle leaders act as the driving force, implementing the vision of senior leaders and working with classroom teachers to deliver results. Workshops will include:

- the importance of leadership
- leading an effective team
- dealing with the practical issues
- coaching and mentoring
- strategies for securing and evidencing improvement
- holding yourself and others to account.

The programme supports established as well as aspiring support staff leaders to develop their knowledge and skills through a series of interactive workshops. Participants will also be required to complete a leadership project as part of the programme. They will receive additional coaching by established senior leaders to support them to reflect on their practice and achieve the most benefit to their school.

## Target audience

Established and aspiring support staff leaders

## Number and length of sessions

Six webinars (1.5 hours each)

## Course leaders

Ian Hunkin, Director, Sigma Teaching School

Fritz Penn-Barwell, Director of Standards and School Improvement, Delta Education Trust

## Course administrator

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** Session 1: 7 January 2021  
Session 3: 4 February 2021  
Session 5: 11 March 2021

Session 2: 21 January 2021  
Session 4: 25 February 2021  
Session 6: 25 March 2021

**Time** 4pm – 5.30pm

**Venue** Online

**Cost** £125 (A Sigma subscription is also available and can be used towards this course. For full details please visit the link below)

## Booking information

Please see <http://www.sigmateachingschool.org.uk/cpd-leadership/> for more details

**Course title**

Effective middle leadership for teaching staff – Spring/Summer 2021

**Course description and learning objectives**

The importance of having an effective middle leadership is crucial to a successful school and should not be underestimated. Effective middle leaders act as the driving force, implementing the vision of senior leaders and working with classroom teachers to deliver results.

Our tailored programme supports established as well as aspiring middle leaders to develop their knowledge and skills through a series of interactive workshops. Participants will also be required to complete a leadership project as part of the programme. They will receive additional coaching by established senior leaders to support them to reflect on their practice and achieve the most benefit to their school. Workshops will include:

- the importance of leadership
- leading an effective team
- dealing with the practical issues
- coaching and mentoring
- strategies for securing and evidencing improvement
- holding yourself and others to account.

**Target audience**

Established and aspiring middle leaders

**Number and length of sessions**

Six webinars (1.5 hours each)

**Course leaders**

Ian Hunkin, Director, Sigma Teaching School

Fritz Penn-Barwell, Director of Standards and School Improvement, Delta Education Trust

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** Session 1: 27 April 2021  
Session 3: 25 May 2021  
Session 5: 22 June 2021

Session 2: 11 May 2021  
Session 4: 8 June 2021  
Session 6: 6 July 2021

**Time** 4pm – 5.30pm

**Venue** Online

**Cost** £125 (A Sigma subscription is also available and can be used towards this course. For full details please visit the link below)

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/contact-us/> for more details



**Course title****Grow your own SENCO****Course description and learning objectives**

This is an opportunity for new and experienced SENCOs to develop and share their skills, knowledge and understanding of inclusive approaches to the coordination of SEN provision. Those attending this course will have increased understanding of:

- roles and responsibilities within inclusion/SEN and school self-review
- working with governors
- support available from Linwood TSA and the LA
- practical advice from experienced SENCOs
- leadership and management of SEN provision
- how to improve outcomes for every child.

**Target audience****Number and length of sessions**

Two sessions (full days)

**Course leader**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** 4 November 2020 and 9 March 2021. You will need to attend both days to complete the course.

**Time** 9am – 3.30pm

**Venue** Hamworthy Club, Magna Road, Canford Magna, Wimborne, Dorset, BH21 3AP

**Cost** £275 for both sessions. Discounted price £250 for LTSA Partner Schools. Event is not Boost funded.

**Booking information**

Please use CPD online to request a place on this course.

<https://www.bcpworkforcedevelopment.co.uk/courses/bookings/growyourownsenco>

**Course title****Leadership for SENCOs****Course description and learning objectives**

This course addresses the practical challenges of leading and managing an effective provision across all areas of a school. We have developed a programme of workshops, delivered by experienced SENCOs and school leaders that will develop your skills and competencies in leading school improvement.

This cross-phase programme is structured to develop the following ideas:

- setting and selling your school's vision for SEND
- developing and implementing your school's SEND Policy
- leading and developing a high performing team
- writing your SEND statement
- undertaking a SEND Audit
- narrowing the gap for SEND pupils
- securing accountability
- SEND provision and inspection.

**Target audience**

The course is aimed at both those new to the SENCO role and those who would like to broaden and enhance their skills and confidence.

**Number and length of sessions**

Four webinars (1.5 hours each)

**Course leader**

John White, CEO Delta Education Trust

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** If you are interested in attending this course and would like details when it will next be available, please register your interest via the link below.

**Time** TBC

**Venue** Online

**Cost** TBC

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/contact-us/> for more details

**Course title**  
**Pastoral Network**

**Course description and learning objectives**

This will be an online termly opportunity to meet with the following aims:

- Continuing Professional Development (CPD) for staff involved in providing and/or leading pastoral support in school
- sharing practical, evidence-based approaches and interventions between staff from a range of schools including training and discussion on relevant topics
- updates on the latest research and resource publications.

There will be the option to join an online book club, featuring 'Know Me To Teach Me' by Louise Bomber, three times a year. There will also be follow up information from each network meeting including additional detail on topics discussed, along with practical resources and signposting.

Topics for 2020/2021

- Mission Possible: the key messages from neuroscience and psychology to support children and young people in the 'new normal'
- Autism: understanding and supporting children and young people with neurodiversity needs
- Wellbeing: our own wellbeing and supporting our colleagues

**Target audience**

Staff working within pastoral support

**Number and length of session**

3 sessions delivered termly throughout the year (1.5 hours each)

**Course leader**

Ian Hunkin, Director of Sigma Teaching School

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** Network 1: 24 November 2020  
Network 3: 29 June 2021

Network 2: 30 March 2021

**Time** 4pm – 5.30pm

**Venue** Online

**Cost** £25 per person per network or £50 per person for yearly subscription

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/cpd-leadership/> for more details

## **Course title**

**Pupil Premium reviews**

### **Course description and learning objectives**

How do you make sure that you get the best value out of your pupil premium grant? The pupil premium strategy and evaluation is a key document used by Ofsted inspectors prior to inspection. It forms part of the judgement on the effectiveness of leadership and its ability to impact on learners' outcomes.

Do you...

- Have a clear rationale for the spending and intended impact of the pupil premium grant?
- Hold leaders to account for the effective deployment of resources disadvantaged pupils?
- Secure excellent outcomes for disadvantaged pupils?

Sigma Teaching School provides expert pupil-premium reviewers who will work alongside your staff to test your schools' rationale and strategy for improving outcomes of disadvantaged pupils. Our experienced reviewers will help you to evaluate the impact of your pupil premium grant to date and provide additional strategies to make further improvements. We will support you to develop a flexible and highly effective approach which will secure excellent outcomes for disadvantaged pupils and demonstrate clear improvement while providing accountability for school leaders and governors.

### **Target audience**

School leaders and Governors

### **Number and length of session**

Half day/full day or a number of days depending on your school's requirements.

### **Course leader**

Fritz Penn-Barwell, Director of Standards and School Improvement, Delta Education Trust

### **Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** Please contact us on the link below to arrange a pupil premium review.

**Time** TBC

**Venue** At your school

**Cost** Please contact us to discuss your requirements

### **Booking information**

Please see <http://www.sigmateachingschool.org.uk/contact-us/> for more details

This course is also relevant to Governor training

**Course title**

SEN Leadership Network

**Course description and learning objectives**

This termly network provide an opportunity for SENCOs and other senior leaders from mainstream and special schools and colleges with responsibilities for vulnerable learners to meet, share ideas and hear the latest local, regional and national information and statutory requirements. There will be a focus on provision and outcomes for learners with special educational needs, disabilities and other vulnerabilities.

Practitioners are supported to improve the attainment, progress and wider outcomes for children and young people with special educational needs and disabilities.

- \* effective practices in respect of SEND provision are shared and enhanced
- \* support, guidance and updates from experts in the field of SEND in both mainstream and specialist provision is built upon through system leadership
- \* latest resources, training opportunities and policy development in respect of SEND are shared

**Target audience**

School, Academy and College Leaders and SENCOs

**Number and length of session**

Half day/full day or a number of days depending on your school's requirements.

**Course leaders**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** 22 October 2020

**Time** 13.30 – 15.00

**Venue** Hamworthy Club, Magna Road, Canford Magna, Wimborne, Dorset, BH21 3AP

**Cost** Funded through Linwood Teaching School Alliance. Pre-booking is required

**Booking information**

Please use CPD online to request a place on this course

<https://www.bcpworkforcedevelopment.co.uk/courses/bookings/SENleadershipnetwork>

# Governor training

## Course title

Governor training - dealing with complaints

## Course description and learning objectives

This course uses the latest Department for Education guidance to look at how good practice in complaint procedures can support effectiveness in schools.

There will be full clarity on dealing with difficult situations such as running Governor panels for parental complaints and dealing with complaints about your Headteacher.

## Target audience

School Governors

## Number and length of sessions

One webinar (1.5 hour)

## Course leader

Karen Mayo, Complaints Manager, Children's Services Quality and Commissioning

## Course administrator

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** If you are interested in attending this course and would like details when it will next be available, please contact us on the link <http://www.sigmateachingschool.org.uk/contact-us/>

**Time** TBC

**Venue** Online

**Cost** £25 (A Governor subscription is also available and can be used towards this course. For full details please visit the link below)

## Booking information

Please see <http://www.sigmateachingschool.org.uk/governance/> for more details

**Course title**

Governor training – governance and compliance

**Course description and learning objectives**

Building on the Governance basics, this workshop will explore further the legal and regulatory requirements your board is expected to operate within them, including:

- educational legislation (curriculum, SEND, attainment, achievement)
- employment legislation (staffing, appointments, appraisals, disciplinary)
- health and safety legislation (safeguarding, wellbeing, first aid, playground supervision, school premises)
- procedures and processes (admissions, appeals, GDPR)
- principles of delegation.

**Target audience**

All Governors who have compliance responsibility

**Number and length of sessions**

One webinar (1.5 hour)

**Course leader**

Fritz Penn-Barwell, Director of Standards and School Improvement, Delta Education Trust

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** 15 October 2020

**Time** 6pm

**Venue** Online

**Cost** £25 (A Governor subscription is also available and can be used towards this course. For full details please visit the link below)

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/governance/> for more details

**Course title**

Governor training - introduction to coaching

**Course description and learning objectives**

Coaching is an effective method of supporting individuals to solve challenges through listening, reflecting and asking questions. This course introduces a structured model for Governors to provide support and challenge to school leaders using the power of coaching.

**Target audience**

All Governors and Chairs

**Number and length of sessions**

One webinar (1.5 hour)

**Course leader**

Fritz Penn-Barwell, Director of Standards and School Improvement, Delta Education Trust

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** 21 October 2020

**Time** 6pm

**Venue** Online

**Cost** £25 (A Governor subscription is also available and can be used towards this course. For full details please visit the link below)

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/governance/> for more details



**Course title**

Governor training - managing pupil exclusions

**Course description and learning objectives**

This course covers the context and role of Governors within the exclusions process. Looking at national and local guidance, legislation and good practice, focus is given to clarify the roles of Headteachers, Governors and the Local Authority.

**Target audience**

School Governors

**Number and length of sessions**

One webinar (1.5 hour)

**Course leader**

Fritz Penn-Barwell, Director of Standards and School Improvement, Delta Education Trust

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** 8 December 2020

**Time** 6pm

**Venue** Online

**Cost** £25 (A Governor subscription is also available and can be used towards this course. For full details please visit the link below)

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/governance/> for more details

**Course title**

Governor training - preparing for Ofsted

**Course description and learning objectives**

An advanced level course for schools due to be inspected, to support their understanding of the expectations of Ofsted inspections, especially with regard to governance.

**Target audience**

All Governors

**Number and length of sessions**

One webinar (1.5 hour)

**Course leader**

Fritz Penn-Barwell, Director of Standards and School Improvement, Delta Education Trust  
John White, CEO Delta Education Trust

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** 18 November 2020

**Time** 6pm

**Venue** Online

**Cost** £25 (A Governor subscription is also available and can be used towards this course.  
For full details please visit the link below)

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/governance/> for more details

**Course title**

Governor training - roles and responsibilities of a Nominated Safeguarding Governor or Trustee

**Course description and learning objectives**

The workshop will be led by Julie Murphy, the BCP Council Education Safeguarding Adviser and will include the following:

- the key aspects of the role as a nominated safeguarding Governor or Trustee
- understand your safeguarding responsibilities of the school you represent
- become familiar with the relevant safeguarding guidance

The workshop will draw upon key documents including Keeping Children Safe in Education (KCSIE) which has been updated in September 2019.

**Target audience**

Governors and Trustees who are new to their role and those who have previously undertaken this workshop and may benefit from an update.

**Number and length of sessions**

One webinar (1.5 hour)

**Course leader**

Julie Murphy, Education Safeguarding Advisor and LADO, BCP Council Quality and Commissioning (Children)

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** 21 April 2021

**Time** 6pm

**Venue** Online

**Cost** £25 (A Governor subscription is also available and can be used towards this course. For full details please visit the link below)

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/governance/> for more details

**Course title**

Governor training - safeguarding annual update for named Governors

**Course description and learning objectives**

An advanced level course that provides ongoing Continual Professional Development (CPD) for those who have already undertaken the safeguarding for named Governors workshop and will be led by a highly experienced Education Safeguarding Advisor.

This course will give you essential updates in regard to legislation, guidance, and good practice around the subject of safeguarding.

**Target audience**

Named Governors

**Number and length of sessions**

One 1.5 hour webinar

**Course leader**

Ian Hunkin, Director, Sigma Teaching School

Fritz Penn-Barwell, Director of Standards and School Improvement, Delta Education Trust

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** If you are interested in attending this course and would like details when it will next be available please contact us on the link

<http://www.sigmateachingschool.org.uk/contact-us/>

**Time** TBC

**Venue** Online

**Cost** £25 (A Governor subscription is also available and can be used towards this course. For full details please visit the link below)

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/governance/> for more details

**Course title**

Governor training - SEND awareness

**Course description and learning objectives**

We aim to give an understanding of Special Educational Needs and Disabilities (SEND) in schools. This course is designed to give an overview of how SEND provision is managed by the Local Authority and provide a clear backdrop of the legal context of SEND in schools.

**Target audience**

School Governors with SEND responsibilities

**Number and length of sessions**

One webinar (1.5 hour)

**Course leader**

Fritz Penn-Barwell, Director of Standards and School Improvement, Delta Education Trust

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** If you are interested in attending this course and would like details when it will next be available, please contact us on the link

<http://www.sigmateachingschool.org.uk/contact-us/>

**Time** TBC

**Venue** Online

**Cost** £25 (A Governor subscription is also available and can be used towards this course. For full details please visit the link below)

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/governance/> for more details

**Course title**

Governor training - strategic leadership

**Course description and learning objectives**

As stated in the governance handbook (March 2019), “the board’s first core function is about strategic leadership”

Strategic leadership is the first key competency identified for Governing boards. Before the other competencies can be addressed, the board need to set out their overall strategic framework. The workshop will address in detail what is involved in producing a robust strategic framework which includes:

- culture, values and ethos
- setting direction
- decision making
- collaborative working with stakeholders and partners, with particular emphasis on parental and carer engagement
- risk management.

**Target audience**

All Governors who have strategic responsibility

**Number and length of sessions**

One webinar (1.5 hour)

**Course leader**

Fritz Penn-Barwell, Director of Standards and School Improvement, Delta Education Trust

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** 3 November 2020

**Time** 6pm

**Venue** Online

**Cost** £25 (A Governor subscription is also available and can be used towards this course. For full details please visit the link below)

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/governance/> for more details

**Course title**

The role of governor for children in care

**Course description and learning objectives**

This course will initially look at what the responsibilities for governors are regarding children in care and what BCP Virtual School is striving to achieve for our young people in care, care leavers and previously looked after and how governors can support with this. The session will include a brief introduction of the Virtual School and an opportunity for governors to see what it is that the Virtual school does to support care experienced young people.

**Target audience**

Governors with a responsibility for child in care

**Number and length of sessions**

One session (2 hours)

**Course leader**

Kelly Twitchen

**Course administrator**

Jay Friddani [Jay.Friddani@bcpcouncil.gov.uk](mailto:Jay.Friddani@bcpcouncil.gov.uk)

**Dates** January TBC

**Time** TBC

**Venue** TBC

**Cost** Free

**Booking information**

This course will be bookable via CPD online when a date has been finalised

# Whole school approaches

## Course title

**Introduction to the Sandwell whole school approach to well-being online training session**

## Course description and learning objectives

Following this online training session participants will:

- have an understanding of the rationale for the Sandwell whole school approach to well-being and how it fits into the current thinking around mental health (including the effects of COVID-19)
- know how the Sandwell approach enables the whole school to support positive mental health outcomes
- have a clear idea about how being involved in the Sandwell approach in Bournemouth, Christchurch and Poole could benefit their school, and what specific areas or concerns it could address.

## Target audience

All school staff

## Number and length of sessions

One 30 minute session (with optional activity included)

## Course leader

Peta Petrou (Educational Psychologist) [peta.petrou@bcpcouncil.gov.uk](mailto:peta.petrou@bcpcouncil.gov.uk)

Julia Hooper (Assistant Educational Psychologist) [julia.hooper@bcpcouncil.gov.uk](mailto:julia.hooper@bcpcouncil.gov.uk)

## Course administrator

BCP Council Educational Psychology Service Admin Team [ep@bcpcouncil.gov.uk](mailto:ep@bcpcouncil.gov.uk)  
01202 456388

**Dates** Available on request

**Time** TBC

**Venue** Online

**Cost**

## Booking information

This course will be bookable via CPD online when a date has been finalised. For more detailed information, please contact Julia Hooper [julia.hooper@bcpcouncil.gov.uk](mailto:julia.hooper@bcpcouncil.gov.uk)

This course is also relevant to Social, Emotional and Mental Health



# Inclusive practice

## Course title

English as an Additional Language (EAL) - what do I need to know and how can I help?

## Course description and learning objectives

To learn about bilingualism:

- types
- advantages
- how staff can support the student
- what to look out for and what to expect as the child learns English as an Additional Language
- when does the child need extra support?

## Target audience

Teachers, preschool staff, teaching assistants and SENCO

## Number and length of sessions

One session (1-2 hours)

## Course leader

## Course administrator

For more details please contact [dhc.slt.training@nhs.net](mailto:dhc.slt.training@nhs.net)

**Dates** Available on request

**Time**

**Venue**

**Cost**

## Booking information

For more details please contact [dhc.slt.training@nhs.net](mailto:dhc.slt.training@nhs.net)

**Course title**

Get it right for SEND, get it right for all

**Course description and learning objectives**

Very practical workshop setting - full of things to do and try in sessions to raise the achievement of vulnerable learners in unsupported mainstream settings, solution focused approaches to address poor working memory, slow speed of processing, cognitive overload etc.

Inclusive solutions in the form of high impact accommodations for pupils may not have formal labels but who may have real issues around aspects of AD(H)D, ASD and/or SpLD and who:

- use jargon words appropriately but who struggle to spell at that level
- who comprehend better than they decode – or decode better than they comprehend
- who can talk a great narrative but struggle to get it down on paper.

By the end of the presentation participants will "do" all the activities and have time to discuss and reflect.

**Target audience**

Teachers, preschool staff, teaching assistants and SENCOs

**Course leaders**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** TBC

**Time** TBC

**Venue** TBC

**Cost** £110 (Boost funding available for BCP schools)

**Booking information**

This course will be bookable via CPD online when a date has been finalised

**Course title**

**Introduction to coaching**

**Course description and learning objectives**

Raise standards of teaching by harnessing your staff's own potential and help your teachers to successfully coach each other.

Whether your school already uses this collaborative method as part of continuing professional development, or if it's new to you, this course offers straightforward, accessible ways to develop coaching at your school.

An introduction to coaching, this course provides an insight into the impact coaching can have in the development of staff. During the session you will explore coaching techniques and begin to develop our effective framework to bring coaching into your practice.

We will provide guidance on the different approaches that leaders might adopt to implement coaching and strategies to implement an effective change process.

**Target audience**

Current and aspiring school leaders

**Number and length of sessions**

One webinar (1.5 hours)

**Course leader**

Fritz Penn-Barwell, Director of Standards and School Improvement, Delta Education Trust

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** If you are interested in attending this course and would like details when it will next be available, please register your interest via the link below

**Time** TBC

**Venue** Online

**Cost** TBC

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/contact-us/> for more details

**Course title**

**Leading a coaching culture**

**Course description and learning objectives**

Creating a coaching culture can have a significant impact on school improvement, learning outcomes as well as staff morale. The principles of coaching can be developed to support many school systems and processes from appraisal to CPD and line management.

We will provide guidance on the different approaches that leaders might adopt to implement coaching and strategies to implement an effective change process.

**Target audience**

Current and aspiring school leaders

**Number and length of sessions**

One webinar (1.5 hours)

**Course leader**

Ian Hunkin, Director, Sigma Teaching School

Fritz Penn-Barwell, Director of Standards and School Improvement, Delta Education Trust

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** If you are interested in attending this course and would like details when it will next be available, please register your interest via the link below

**Time** TBC

**Venue** Online

**Cost** TBC

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/contact-us/> for more details

# Interventions and support for interventions

## Course title

**ELSA training**

## Course description and learning objectives

ELSAs are emotional literacy support assistants working in schools / colleges. They are teaching assistants who have received specific additional training from educational psychologists. The ELSA's role is to support children and young people in school to understand and regulate their own emotions whilst also respecting the feelings of those around them. ELSAs plan and deliver individual and small group programmes in schools with access to support from educational psychologists through group supervision and individual contact. This provides on-going continuing professional development for ELSAs to develop their knowledge and skills.

What does the training cover?

- Emotional literacy in schools. Raising emotional awareness
- Building resilience and self-esteem (including attachment and sense of belonging)
- Managing emotions (including cognitive, behavioural approaches)
- Supporting children through loss and bereavement and family break up
- Use of social stories and therapeutic story interventions
- Active Listening and reflective conversations. Use of puppets and creative tools in ELSA work.

## Target audience

Teaching assistants

## Number and length of sessions

Six days of training spread across the year. ELSAs will also be expected complete some training tasks prior to each training day.

Attendance is required at all six days, with a further commitment to attend half-termly educational psychologist-lead supervision sessions following training.

## Course leader

Fiona Okai [fiona.okai@bcpcouncil.gov.uk](mailto:fiona.okai@bcpcouncil.gov.uk)

Patience Picksley [patience.picksley@bcpcouncil.gov.uk](mailto:patience.picksley@bcpcouncil.gov.uk)

Karen Preston [karen.preston@bcpcouncil.gov.uk](mailto:karen.preston@bcpcouncil.gov.uk)

## Course administrator

**Dates** TBC

**Time** 9am – 3pm

**Venue** TBC

**Cost** TBC (approximately £600). The course cost includes a copy of two published textbooks for each ELSA and two training files. An annual charge will be made to

cover the EP staffing costs for supervision groups. Currently this is £185 per ELSA per year.

**Booking information**

This course will be bookable via CPD online when a date has been finalised

This course is also relevant to Social, Emotional and Mental Health SEMH

**Course title**

LEGO® 'Think Bricks' course - therapeutic approaches supporting SEMH

**Course description and learning objectives**

LEGO® Education "Think Bricks" "Building Resilience Brick by Brick". "Think Bricks" empowers and inspires children to creatively build symbolic models to help them communicate and understand their thoughts, feelings, worries and aspirations.

This one day workshop will instruct delegates how to coach and support children using LEGO as a therapeutic tool. Attendees will be familiar with opportunities that are open to them using this type of resource. The box of specially selected metaphors allows the child to convey their personal feelings in a powerful and expressive manner. Used in one to one sessions or in smaller groups children can explore and find solutions to personal issues, enabling them to open up and talk about themselves, and their situations, through symbolic model making.

**Target audience**

Designated teachers of LAC and teachers, teaching assistants and pastoral workers directly involved in supporting children with Social, Emotional Mental Health (SEMH) presentations

**Number and Length of sessions**

One full day

**Course leader**

Claire Osbourne

**Course administrator**

Claire Osbourne [claire@thinkbrickseducation.co.uk](mailto:claire@thinkbrickseducation.co.uk)

**Dates** 28 September 2020

**Time** 10am – 3pm

**Venue** Bournemouth Learning Centre, Ensbury Avenue, Bournemouth BH10 4HG

**Cost** £185 includes Lego Think Bricks Box

**Booking information**

Please use CPD online to request a place on this course.

<https://www.bcpworkforcedevelopment.co.uk/courses/bookings/LegoThinkBricks>

**Course title**

Removing barriers: the 5 point scale

**Course description and learning objectives**

The 5 Point Scale was developed by Kari Dunn Buron and is a visual system that can help to organise a person's thinking when working through difficult situations which require social understanding. For young people with autism this can include misunderstanding and inability to understand another's intentions, how to manipulate social situations, repairing social interactions. Such difficulties create social anxiety.

The workshop will first look at anxiety and its impact on individuals; the second part will introduce the 5 Point scale in more detail and how to implement it.

**Target audience**

All practitioners supporting children and young people with ASC of any age, SENCOs, teachers and teaching assistants

**Number and length of sessions**

One session (2¼ hours)

**Course leaders**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** TBC

**Time** TBC

**Venue** TBC

**Cost** £75 (Boost funding available for BCP schools)

**Booking information**

This course will be bookable via CPD online when a date has been finalised

This course is also relevant to Autism and Anxiety, Social, Emotional and Mental Health



**Course title**

Restorative approaches to dealing with conflict

**Course description and learning objectives**

A restorative approach within schools helps to stimulate a healthier learning environment by encouraging and teaching pupils to take responsibility for their behaviour and learning.

This workshop will focus on the use of restorative strategies and teaching pupils how to effectively communicate how they are feeling. It will also examine the use of a blame culture and how this can be positively adapted to a self-learning approach for both pupils and staff. That in turn will support the effective implementation of this approach into everyday school life.

This workshop will explore topics such as conflict resolution, building supportive relationships, the use of a restorative vocabulary and communication as well as the key principles known as the 4Rs:

- regulate
- relate
- reflect
- repair

**Target audience**

Any school based staff

**Number and length of sessions**

One webinar (1.5 hours)

**Course leaders**

Ian Hunkin, Director, Sigma Teaching School

Fritz Penn-Barwell, Director of Standards and School Improvement, Delta Education Trust

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** If you are interested in attending this course and would like details when it will next be available, please register your interest via the link below

**Time** TBC

**Venue** Online

**Cost** TBC

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/contact-us/> for more details

**Course title**  
**Social Stories**

**Course description and learning objectives**

Social Stories are widely used with autistic children and children with SEN.

**Target audience**

This course will equip you with the skills to understand the purpose of Social Stories and how to create and use them effectively.

**Number and length of sessions**

One session (2-3 hours)

**Course leader**

Luzanne van der Walt Luzanne [Luzanne.vanderwalt@bcpcouncil.gov.uk](mailto:Luzanne.vanderwalt@bcpcouncil.gov.uk)

**Course administrator**

BCP administrator TBC

**Dates**

**Time**

**Venue**

**Cost**

**Booking information**

Please email [Luzanne.vanderwalt@bcpcouncil.gov.uk](mailto:Luzanne.vanderwalt@bcpcouncil.gov.uk) to express interest in this course

# Communication and Interaction Needs

*Autistic spectrum disorder (ASD)*

## **Course title**

**AET Tier 1: making sense of autism**

## **Course description and learning objectives**

This course will provide basic autism awareness and identify the four key areas of difference that need to be taken into account. Practitioners will develop an awareness of the sensory and communication differences that pupils may experience.

## **Target audience**

All staff within school-age education settings, mainstream and specialist services

## **Number and Length of sessions**

One session (1.5 hours)

## **Course leader**

Kate Tuck, Linwood School

## **Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** TBC

**Time** TBC

**Venue** TBC

**Cost** £15 (Boost funding available for BCP schools)

## **Booking information**

This course will be bookable via CPD online when a date has been finalised

**Course title**

AET Tier 2: good autism practice – early years

**Course description and learning objectives**

The good autism practice training has been designed to support all practitioners working directly with pupils on the autism spectrum to develop their practice. This session is suitable for practitioners working with early years pupils on the autism spectrum in both mainstream and specialist services. This training will enable practitioners to develop their knowledge and understanding of good autism practice, provide guidelines and activities to support practitioners to reflect on and improve their own practice

**Target audience**

All practitioners working with early years children with autism

**Number and Length of sessions**

One session (all day)

**Course leader**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** TBC

**Time** TBC

**Venue** TBC

**Cost** £110

**Booking information**

This course will be bookable via CPD online when a date has been finalised

**Course title**

AET Tier 2: good autism practice – schools

**Course description and learning objectives**

The good autism practice training has been designed to support all practitioners working directly with pupils on the autism spectrum to develop their practice. This session is suitable for practitioners working with school-age pupils on the autism spectrum in both mainstream and specialist services. This training will enable practitioners to develop their knowledge and understanding of good autism practice, provide guidelines and activities to support practitioners to reflect on and improve their own practice

**Target audience**

All practitioners working with school-age children with autism

**Number and Length of sessions**

One session (all day)

**Course leader**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** TBC

**Time** TBC

**Venue** TBC

**Cost** £110 (Boost funding available for BCP schools)

**Booking information**

This course will be bookable via CPD online when a date has been finalised

**Course title**

AET Tier 2 extended: extending and enhancing good autism practice – early years

**Course description and learning objectives**

This course will deepen practitioners' understanding of theories of autism and consider the implications for practice. They will advance their skills in developing strategies to facilitate progress and achievement. Practitioners will be able to reflect on their practice and share their enhanced knowledge more widely across their organisation

**Target audience**

All practitioners working with early years children with autism

**Number and Length of sessions**

One session (3.5 hours)

**Course leader**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** TBC

**Time** TBC

**Venue** TBC

**Cost** £60

**Booking information**

This course will be bookable via CPD online when a date has been finalised

**Course title**

AET Tier 2 extended: extending and enhancing good autism practice - schools

**Course description and learning objectives**

This course will deepen practitioners' understanding of theories of autism and consider the implications for practice. They will advance their skills in developing strategies to facilitate progress and achievement. Practitioners will be able to reflect on their practice and share their enhanced knowledge more widely across their organisation

**Target audience**

All practitioners working with school-age children with autism

**Number and Length of sessions**

One session (all day)

**Course leader**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** TBC

**Time** TBC

**Venue** TBC

**Cost** £110 (Boost funding available for BCP schools)

**Booking information**

This course will be bookable via CPD online when a date has been finalised

**Course title**

AET Tier 3: leading good autism practice - schools

**Course description and learning objectives**

This course offers an opportunity for staff in a leadership role to come together to discuss, share and develop practice and understanding. It is suitable for practitioners working with school-age pupils on the autism spectrum in both mainstream and specialist services.

**Target audience**

School staff in a leadership role

**Number and Length of sessions**

One session (all day)

**Course leader**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** TBC

**Time** TBC

**Venue** TBC

**Cost** £110 (Boost funding available for BCP schools)

**Booking information**

This course will be bookable via CPD online when a date has been finalised



**Course title**

AET Tier 3: leading good autism practice – early years

**Course description and learning objectives**

This course will provide delegates with the tools to audit staff skills and identify training need. They will develop skills and knowledge so that they can support their organisation to meet/exceed the requirements of external reviewers such as Ofsted and be compliant with legislative requirements.

**Target audience**

All staff who have a leadership role (includes responsibility for developing provision for pupils on the autism spectrum within an Early Years setting)

**Number and Length of sessions**

One session (all day)

**Course leader**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** TBC

**Time** TBC

**Venue** TBC

**Cost** £110

**Booking information**

This course will be bookable via CPD online when a date has been finalised

**Course title**

Attention Autism

**Course description and learning objectives**

This course equips attendees with the skills to set up and run the 4 stage Attention Autism programme.

It focuses on the practical aspects of intervention, working in a team and offering an irresistible invitation to learn. The Attention Autism programme targets the teaching of attention, communication and social interaction skills.

Training is run applying the principles of the Attention Autism programme. There are demonstrations of the techniques in action, films of the work with children, practical hands-on experience for participants and ideas for activities. The intention is to share the practical skills needed for participants to feel confident in setting up and running the intervention immediately.

**Target audience**

All practitioners working with children with autism

**Number and Length of sessions**

Two full days

**Course leader**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** 5 and 6 October 2020

**Time** 9am – 4pm

**Venue** Bournemouth Learning Centre, Ensbury Avenue, Bournemouth, BH10 4HG

**Cost** £210 (Boost funding available for BCP schools)

**Booking information**

Please use CPD online to request a place on this course

<https://www.bcpworkforcedevelopment.co.uk/courses/bookings/attentionautism>

**Course title**

**Autism and anxiety**

**Course description and learning objectives**

To gain a greater understanding of the difficulties experienced by students who display behaviours associated with ASC.

To discuss strategies to support pupils with ASC to engage successfully with others and in learning.

To plan the implementation of some of these strategies.

**Target audience**

All BCP school staff who work with children and young people

**Number and length of sessions**

One session (1-2 hours). Training is always bespoke to the school so this is dependent on the school needs.

**Course leader**

Longspee Outreach

**Course administrator**

Longspee Outreach [r.thynne@longspeeschool.co.uk](mailto:r.thynne@longspeeschool.co.uk)  
01202 380266

**Dates** Dependent on school need

**Time** Dependent on school need

**Venue** Dependent on school need

**Cost** Included in Outreach Local Offer

**Booking information**

[Application](#) forms to be sent to [sendbso@bcpcouncil.gov.uk](mailto:sendbso@bcpcouncil.gov.uk)

**Course title****PECS****Course description and learning objectives**

The evidence based Picture Exchange Communication System (PECS) is used to rapidly teach communication skills to those with limited functional speech. The PECS Protocol is successfully utilised in learning environments by hundreds of thousands of professionals worldwide. Attendance all day at both days is essential.

PECS Level 1 Training is engaging and interactive. It begins by teaching spontaneous request, teaches additional communicative functions such as responding to questions and commenting. Learn to implement the six phases of PECS and attributes, utilising the Pyramid Approach to Education Approved PECS Protocol. Participants will leave the workshop with an understanding of how to implement the PECS Protocol in classrooms with learners who have complex communication and behavioural needs such as autism, and related disabilities.

**Target audience**

All practitioners working with SEND children

**Number and length of sessions**

Two sessions (full days)

**Course leader**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** TBC

**Time** TBC

**Venue** TBC

**Cost** £325 (Boost funding available for BCP schools)

**Booking information**

This course will be bookable via CPD online when a date has been finalised

This course is also relevant to Speech, Language and Communication Needs

**Course title**

**PEIC-D (Promoting Early Interactive Conversations)**

**Course description and learning objectives**

The PEIC-D approach revisits early interaction skills such as imitation, turn-taking and interaction. These skills are often poorly developed in children with severe and/or complex learning difficulties, including autistic spectrum disorders. By working through a series of steps, using game formats, the child learns to watch others' play, join in, and then take part in turn taking sequences. Later stages include learning to initiate games and negotiating the rules.

This one-day course provides background to the PEIC-D approach, detailed description of each stage, as well as workshop activities to practice of the techniques, and consider how to implement within educational settings.

**Target audience**

All practitioners working with SEND children

**Number and length of sessions**

One full day

**Course leader**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** 23 September 2020

**Time** 9.30am - 3.15pm

**Venue** Bournemouth Learning Centre, Ensbury Avenue, Bournemouth, BH10 4HG

**Cost** £110

**Booking information**

Please use CPD online to request a place on this course.

<https://www.bcpworkforcedevelopment.co.uk/courses/bookings>

**Course title**

PEIC-D (Promoting Early Interactive Conversations – Dorset)

**Course description and learning objectives**

A scheme which re-visits early interactions using play formats. PEIC-D breaks down the development of interaction skills into small steps, from early interaction to learning to work in groups. We offer day workshops, giving a background to the approach, practical activities and discussion.

**Target audience**

Early years practitioners, primary schools and specialist provision

**Number and length of sessions**

One day

**Course leader**

Dorset Healthcare Paediatric Speech and Language Therapy Service

**Course administrator**

For more details please contact [dhc.slt.training@nhs.net](mailto:dhc.slt.training@nhs.net)

**Dates** Available on request

**Time**

**Venue**

**Cost**

**Booking information**

For more details please contact [dhc.slt.training@nhs.net](mailto:dhc.slt.training@nhs.net)

## *Speech, language and communication needs (SLCN)*

### **Course title**

**Intensive interaction**

### **Course description and learning objectives**

Intensive Interaction is an approach to teaching the pre-speech fundamentals of communication to children and young people who have severe learning difficulties and/or autism, and who are still at an early stage of communication development. This is a highly practical approach which works on developing early interaction abilities: how to enjoy being with other people, to relate, interact, know, understand and practice communication routines.

This course will introduce delegates to the theory and practical application of this successful approach.

### **Target audience**

This training is suitable for teachers, teaching assistants, SENCOs and leaders

### **Number and length of sessions**

One session (2.5 hours)

### **Course leader**

Kate Tuck, Linwood School

### **Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** TBC

**Time** TBC

**Venue** TBC

**Cost** £75 (Boost funding available for BCP schools)

### **Booking information**

This course will be bookable via CPD online when a date has been finalised

**Course title**

Primary School Talk

**Course description and learning objectives**

This training is based on ICAN's School Talk training pack. The aim of the training is to provide primary practitioners with a wider knowledge and understanding of a range of speech, language and communication needs that they are likely to experience day-to-day. We will cover how to identify children with these needs, alongside providing a wide range of strategies to support children with SLCN in the classroom, at an individual, class and whole school level.

**Target audience**

Primary school practitioners

**Number and length of sessions**

One full day

**Course leader**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** 18 November 2020

**Time** 9.30am – 3.30pm

**Venue** Hamworthy Club, Magna Road, Canford Magna, Wimborne, Dorset, BH21 3AP

**Cost** £110

**Booking information**

Please use CPD online to request a place on this course

<https://www.bcpworkforcedevelopment.co.uk/courses/bookings/primaryschooltalk>



**Course title**

School Talk - primary

**Course description and learning objectives**

This training is based on ICAN's School Talk training pack. The aim of the training is to provide primary schools with a wider knowledge and understanding of a range of speech, language and communication needs that they are likely to experience on a day-to-day basis and how to identify children with these needs, alongside providing a wide range of strategies to support children with SLCN in the classroom, at an individual, class and whole school level.

**Target audience**

Primary school teachers, teaching assistants, SENCOs

**Number and length of sessions**

Two sessions (2 hours each) and presented at two twilight sessions or a one day session of 5 hours (with extended training)

**Course leader**

Dorset Healthcare Paediatric Speech and Language Therapy Service

**Course administrator**

For more details please contact [dhc.slt.training@nhs.net](mailto:dhc.slt.training@nhs.net)

**Dates** Available on request

**Time**

**Venue**

**Cost**

**Booking information**

For more details please contact [dhc.slt.training@nhs.net](mailto:dhc.slt.training@nhs.net)

**Course title**

School Talk - secondary

**Course description and learning objectives**

This training is based on ICAN's School Talk training pack. The aim of the training is to provide secondary schools with a wider knowledge and understanding of a range of speech, language and communication needs that they are likely to experience on a day-to-day basis and how to identify children with these needs, alongside providing a wide range of strategies to support children with SLCN in the classroom, at an individual, class and whole school level.

**Target audience**

Secondary school teachers, teaching assistants, SENCOs

**Number and length of sessions**

Two sessions (2 hours each) and presented at two twilight sessions or a one day session of 5 hours (with extended training)

**Course leader**

Dorset Healthcare Paediatric Speech and Language Therapy Service

**Course administrator**

For more details please contact [dhc.slt.training@nhs.net](mailto:dhc.slt.training@nhs.net)

**Dates** Available on request

**Time**

**Venue**

**Cost**

**Booking information**

For more details please contact [dhc.slt.training@nhs.net](mailto:dhc.slt.training@nhs.net)

**Course title**

School Talk - additional modules

**Course description and learning objectives**

For those who have already completed the School Talk Primary or Secondary session, we offer additional modules to cover:

- attention and listening
- receptive language, including higher level language
- expressive language, including narrative
- speech disorders including dyspraxia
- vocabulary.

**Target audience**

Primary and secondary school teachers, teaching assistants and SENCOs

**Number and length of sessions**

Dependent on number of modules requested - please contact us to discuss

**Course leader**

Dorset Healthcare Paediatric Speech and Language Therapy Service

**Course administrator**

For more details please contact [Dhc.slt.training@nhs.net](mailto:Dhc.slt.training@nhs.net)

**Dates** Available on request

**Time**

**Venue**

**Cost**

**Booking information**

For more details please contact [dhc.slt.training@nhs.net](mailto:dhc.slt.training@nhs.net)

**Course title**

Signalong

**Course description and learning objectives**

The Signalong foundation course consists of three separate events and delegates must attend all three events in order to complete the course. This is an accredited training course. Signalong is a key word sign-supported communication system based on British sign language and is used in spoken word order. It uses speech, sign, body language, facial expression and voice tone to reference the link between sign and word. Signalong provides training and resources to assist those with communication difficulties and English as an additional language.

**Target audience**

All practitioners working with children

**Number and length of sessions**

Three full days

**Course leader**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** Session 1: 14 January 2021  
Session 3: 28 January 2021

Session 2: 21 January 2021

**Time** 9.15am – 3.15pm

**Venue** Hamworthy Club, Magna Road, Canford Magna, Wimborne, Dorset, BH21 3AP

**Cost** £250 (Boost funding available for BCP schools)

**Booking information**

Please use CPD online to request a place on this course

<https://www.bcpworkforcedevelopment.co.uk/courses/bookings/signalong>

**Course title**

Speech and Sound Production

**Course description and learning objectives**

During this session, participants will learn:

- how speech sounds are made,
- how children typically acquire speech sounds
- strategies and therapy activities which can be used in order to help children who have speech difficulties.

**Target audience**

All practitioners working with SEND children

**Number and length of sessions**

One half a day session

**Course leader**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** 22 October 2020

**Time** 9.00am – 12:00pm

**Venue** Hamworthy Club, Magna Road, Canford Magna, Wimborne, Dorset, BH21 3AP

**Cost** £75 (Boost funding available for BCP schools)

**Booking information**

Please use CPD online to request a place on this course

<https://www.bcpworkforcedevelopment.co.uk/courses/bookings/speechandsoundproduction>

**Course title**

TALKABOUT social skills programme

**Course description and learning objectives**

TALKABOUT is a highly successful programme which enables school-based staff to deliver a programme which has measurable impact on children's social skills, self-esteem, and ability to build friendships. The two day workshop will introduce you to social skills and what can be done about social skills difficulties. It covers how to assess social skills, set up and run social skills groups effectively and run other methods of social skills interventions such as media and stories. It is a practical and interactive course so you will go away with the theory and be able to implement interventions in your school straight away.

The first day focuses on assessment and reassessment and includes:

- an introduction to social skills
- assessing social skills and planning where to start
- the theory behind the hierarchy of skills
- practical exercises in assessing social skills and planning intervention
- setting targets and measuring effectiveness.

The second day focuses on all aspects of intervention and includes:

- teaching social skills and the 4-step approach; behaviour, environment, motivation, and strategy
- 1:1 therapeutic approaches such as stories and comic strips
- setting up and running social skills groups
- creative arts approaches including modelling, role play and puppets
- technology approaches such as media and computer programmes.

**Target audience**

SEND, pastoral care, teachers, teaching assistants

**Number and length of sessions**

Two day workshop

**Course leader**

Alex Kelly

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** 19 and 20 October 2020

**Time** 9.30am to 3pm

**Venue** TBC

**Cost** £450 per person (book two places get one at 1/2 price)

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/cpd-leadership/> for more details

**Course title**

Understanding selective mutism and the informal approach

**Course description and learning objectives**

This half-day course will give you the knowledge and skills to diagnose Selective Mutism (SM), understand its development, and the effect it has on children. It will provide you with effective informal techniques for use in pre-school and school settings, and give you strategies to support families of children with SM.

These approaches can sometimes be sufficient to help children speak freely across settings. You will be supported to recognise when it may be necessary to transition to a more formal approach.

**Target audience**

Preschool and primary settings

**Number and length of session**

One session (3 hours)

**Course leader**

Dorset Healthcare Paediatric Speech and Language Therapy Service

**Course administrator**

For more details please contact [dhc.slt.training@nhs.net](mailto:dhc.slt.training@nhs.net)

**Dates** Available on request

**Time**

**Venue**

**Cost**

**Booking information**

For more details please contact [dhc.slt.training@nhs.net](mailto:dhc.slt.training@nhs.net)

# Cognition and learning

## Course title

**Attention Deficit Hyperactivity Disorder (ADHD)**

## Course description and learning objectives

- To gain a greater understanding of the difficulties experienced by students who display behaviours associated with ADHD.
- To discuss strategies to enable students with ADHD to engage successfully in school and with learning.

## Target audience

All BCP school staff who work with children and young people

## Number and length of session

One session (1-2 hours). Training is always bespoke to the school, so this is dependent on the school needs.

## Course leader

Longspee Outreach

## Course administrator

Longspee Outreach [r.thynne@longspeeschool.co.uk](mailto:r.thynne@longspeeschool.co.uk)  
01202 380266

**Dates** Dependent on school need

**Time** Dependent on school need

**Venue** Dependent on school need

**Cost** Included in Outreach Local Offer

## Booking information

[Application](#) forms to be sent to [sendbso@bcpcouncil.gov.uk](mailto:sendbso@bcpcouncil.gov.uk)

This course is also relevant to Social, Emotional and Mental Health



**Course title**

**Pathological Demand Avoidance Syndrome (PDA)**

**Course description and learning objectives**

- To increase your knowledge and understanding of PDA which can be linked to Autism.
- To offer strategies to support students with difficulties associated with PDA to succeed in school.
- To plan the implementation of some of these strategies.

**Target audience**

All BCP school staff who work with children and YP

**Number and length of session**

One session (1-2 hours). Training is always bespoke to the school, so this is dependent on the school needs.

**Course leader**

Longspee Outreach

**Course administrator**

Longspee Outreach [r.thynne@longspeeschool.co.uk](mailto:r.thynne@longspeeschool.co.uk)  
01202 380266

**Dates** Dependent on school need

**Time** Dependent on school need

**Venue** Dependent on school need

**Cost** Included in Outreach Local Offer

**Booking information**

**Application** forms to be sent to [sendbso@bcpcouncil.gov.uk](mailto:sendbso@bcpcouncil.gov.uk)

**Course title**

Portage workshop - a Small Steps Approach to learning for children with SEND

**Course description and learning objectives**

This is a certificated training course delivered by National Portage Association (NPA) accredited trainers. The Portage workshop is an introduction to the Portage approach to working with children with additional needs and their families and includes a parent's perspective of Portage. Learning objectives/what will I learn?

- The Portage partnership model of working with parents and other professionals
- Portage principles and how they can be applied in the home and in settings with young children who have additional needs
- Strategies, materials and resources used by Portage that can be used in the home and early years settings
- How to plan for success and set long term goals
- The importance of using clear language
- How to use a small steps approach in teaching children new skills through play
- Strategies to overcome the barriers to play
- Approaches to help children generalise skills
- Basic appropriate responses and approaches to address behaviour
- Strategies for planning suitable activities, assessing progress and recording children's successes

**Target audience**

Early years practitioners, early help practitioners, SENCOs, reception class/nursery teachers, HLTAs/teaching assistants, sensory support, speech therapists/assistants, occupational therapist/physiotherapists/assistants, parents and foster carers.

**Number and length of session**

Two full days (9am – 4.30pm) and one half day follow up session.  
Can also be delivered in a modular format over 7 weeks

**Course leader**

Helen Jones, BCP Council Portage Team Manager

**Course administrator**

Sophie Ellement [workforcedevelopment@bcpcouncil.gov.uk](mailto:workforcedevelopment@bcpcouncil.gov.uk)

**Dates** TBC

**Time** TBC

**Venue** TBC

**Cost** £125 for Early Years Practitioners in BCP (manual included). £200 for all other external delegates (manual included).

**Booking information**

This course will be bookable via CPD online when a date has been finalised

This course is also relevant to Inclusive practice and Social, Emotional and Mental Health

**Course title**

Removing barriers – Dyscalculia

**Course description and learning objectives**

Raising awareness of Dyscalculia:

- to develop an understanding of the profile and features of dyscalculia
- to begin to explore barriers to achievement and the need to identify individual learning styles
- to consider ways of supporting pupils with numeracy difficulties (dyscalculia) in the classroom.

**Target audience**

All practitioners working with SEND children

**Number and length of session**

One session (3 hours)

**Course leader**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** 11 November 2020

**Time** 1pm – 4pm

**Venue** Hamworthy Club, Magna Road, Canford Magna, Wimborne, Dorset, BH21 3AP

**Cost** £75

**Booking information**

Please use CPD online to request a place on this course

<https://www.bcpworkforcedevelopment.co.uk/courses/bookings/removingbarriers>

**Course title**

Removing barriers – Down Syndrome

**Course description and learning objectives**

This workshop will focus on teaching and learning of children with Down Syndrome in the Primary Phase. It is an opportunity to develop skills and share good practice. The emphasis will be on practical classroom strategies for staff to support the learning needs of pupils. There will also be a focus on reading intervention for children with Down Syndrome.

**Target audience**

All staff who support children with Down Syndrome

**Number and length of session**

One session (2 hours)

**Course leader**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** TBC

**Time** TBC

**Venue** TBC

**Cost** £75 (Boost funding available to BCP schools)

**Booking information**

This course will be bookable via CPD online when a date has been finalised

**Course title**

Removing barriers – primary practical maths

**Course description and learning objectives**

This workshop will enable practitioners to support vulnerable learners, working below age related expectations, in maths. The workshop will focus on using practical resources creatively such as Numicon, 100 squares and Dienes / Base 10 to enable greater understanding of number and the 4 operations.

**Target audience**

Suitable for teachers and teaching assistants

**Number and length of session**

One session (2.5 hours)

**Course leader**

Kate Tuck, Linwood School

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** TBC

**Time** TBC

**Venue** TBC

**Cost** £75 (Boost funding available to BCP schools)

**Booking information**

This course will be bookable via CPD online when a date has been finalised

# Social, emotional and mental health (SEMH)

## Course title

Attachment: understanding and working with attachment

## Course description and learning objectives

To raise awareness and understanding of attachment issues in a practical way, empowering practitioners to engage with children, young people and their families to support them in building positive attachments, self-esteem and resilience.

## Event Outcomes

At the end of this event, participants will be able to:

- understand the practical and effective advice about what children and young people need to navigate their way through life
- have an understanding and awareness around issues of attachment and resilience
- understand the practical skills to develop and build attachment and resilience in children, young people and their parents
- understand the brain development and the practical implications
- understand the interface between 'nature and nurture' and 'attachment and resilience'
- understand the practical skills about how to build a secure base for a child or young person
- build knowledge about practice strategies that will encourage self-esteem and resilience
- understand what 'Attachment Focused Parenting' involves and how to develop practises in this area
- build knowledge about practise strategies that will encourage self-esteem and resilience.

## Target audience

For all practitioners working with children

## Number and Length of sessions

Two full days

## Course leader

Joy Osborn (Future Childcare)

## Course administrator

CYPSC Admin [c.training@bcpcouncil.gov.uk](mailto:c.training@bcpcouncil.gov.uk)

**Dates** TBC

**Time** TBC

**Venue** TBC

## Booking information

This course will be bookable via CPD online when a date has been finalised

**Course title**

**Behaviour management**

**Course description and learning objectives**

Meeting the needs of pupils to develop positive behaviour for learning effective leadership and management of behaviour leads to positive outcomes for all pupils. Teachers and support staff need a toolbox of positive strategies to address underlying needs and resulting behaviours.

We have developed a programme of workshops that will develop your skills in leading and managing behaviour both in the classroom and across your school. The workshops are aimed at both teachers and support staff who would like to broaden and enhance their skills and confidence.

The eight workshops are all stand-alone but together form a structured programme:

1. an introduction to effective classroom leadership which results in positive behaviours for learning
2. behaviour for learning – whose behaviours need to change?
3. “why do you do that?” Understanding and managing behaviour in the classroom.
4. rebuilding trust with children and young people who have experienced traumatic relationships
5. the “Mental Health Friendly” classroom
6. inclusive strategies in the mainstream classroom to support pupils with ASC and related conditions
7. rewards and Sanctions: what do you do when your whole school behaviour policy does not work for a particular student?
8. Solution Focused and restorative approaches

**Target audience**

Teachers and support staff who would like to broaden and enhance their skills and confidence

**Number and length of session**

The eight workshops are all stand-alone but together form a structured programme

**Course leaders**

Ian Hunkin, Director, Sigma Teaching School

Fritz Penn-Barwell, Director of Standards and School Improvement, Delta Education Trust

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** If you are interested in attending this course and would like details when it will next be available, please register your interest via the link below

**Venue** Online

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/contact-us/> for more details

**Course title**

Classroom yoga and mindfulness

**Course description and learning objectives**

There is a continually growing body of research into the benefits of yoga and mindfulness in schools. These include improved classroom management; improved learning, focus, concentration and attention; improved self-awareness and self-regulation.

This course will equip teachers with an understanding of the effects of various yoga and mindfulness practices and give them a 'toolbox' of such practices to use in the classroom with their pupils.

**Target audience**

All staff working with children and young people

**Number and length of session**

One 4 hour session (this can also be arranged as shorter twilight sessions)

**Course leader**

Anya Estermann

**Course administrator**

Anya Estermann [anya@anyaestermann.com](mailto:anya@anyaestermann.com)  
07941172072

**Dates** By arrangement with the educational setting

**Time** To be agreed with the educational setting

**Venue** At the educational setting

**Cost** £250

**Booking information**

Please email [anya@anyaestermann.com](mailto:anya@anyaestermann.com) to arrange this training

This course is also relevant to Social, Emotional and Mental Health



**Course title**

Covid-19 and toxic stress: restoration, recovery and resilience in schools

**Course description and learning objectives**

Virtual School and KCA Training Day Webinar. Designated Teacher Day involving a webinar and an accredited blended learning course of up to 11 sessions to explore and equip delegates to work with CIC and their return to school post COVID.

**Target audience**

Designated teachers

**Number and length of session**

One Webinar and 11 online/blended learning sessions

**Course leader**

Kate Cairns Associates

**Course administrator**

BCP Virtual School [virtual.school@bcpcouncil.gov.uk](mailto:virtual.school@bcpcouncil.gov.uk)

**Dates** TBC

**Times** TBC

**Venue** Online

**Cost** No cost to participants – costs covered by Virtual school PPG budget

**Booking information**

Please email [virtual.school@bcpcouncil.gov.uk](mailto:virtual.school@bcpcouncil.gov.uk) for more information

**Course title**

Designated mentor training – attachment based mentoring

**Course description and learning objectives**

Attachment training and attachment-based mentoring. Train Key attachment figure and development of a secure base for the pupils they work with. Through attachment based mentoring the participants will support pupils to develop their self-awareness, understanding of relationships and increase their ability to engage in school. Designated mentors meet with a pupil on a daily basis to provide support. Mentors use solution focused child centred coaching and therapeutic techniques in order to identify and work on goals.

Sessions can be used to help prepare pupils for their day, problem solve difficulties, debrief and draw out learning from their day. Pupil passports and personalised action plans can be developed through the sessions.

**Target audience**

Teaching assistants working in schools

**Number and length of session**

Four training days over two terms followed by supervision sessions

**Course leader**

Fiona Okai (Educational Psychologist)

**Course administrator**

Fiona Okai

**Dates** TBC

**Time** TBC

**Venue** TBC

**Cost** Cover costs for participating schools paid by VS (PPG) – possible charge of £50 - £100 per delegate for 2020-2021

**Booking information**

This course will be bookable via CPD online when a date has been finalised

This course is also relevant to Children in Care

## Course title

Emotional wellbeing

### Course description and learning objectives

How to build confidence and resilience in the classroom. This is an essential course for any member of staff working with young people in Schools, whether as a classroom teacher, a member of the support staff or in a coaching role. With several government agendas now focused on the emotional wellbeing of young people, it is now essential for all adults that work with children to be aware of how they can best build confidence and resilience. The terms 'wellbeing' and 'resilience' are frequently used when discussing the difficulties that are faced by young people today; this course offers practical 'tried-and-tested' techniques that can be used by adults to help build self-confidence and effective coping strategies.

#### Course Outcomes:

- enhance your understanding of mental health and wellbeing in schools
- give you the confidence to support young people experiencing difficulties
- develop your skills to make young people more resilient and confident
- understand how to structure non-threatening learning situations

#### Course Content:

- introduction to mental health and wellbeing for young people:
  - overview of the current challenges nationally
  - thinking errors young people can make that develop into mental health concerns
  - empowering young people to make self-managing decisions
  - practical strategy – 'stress buckets'
- building confidence and resilience:
  - what to say, and what not to say when working with young people
  - structuring approaches to teaching that build confidence and reduce stress
  - building confidence and resilience by making progress visible
- empowerment strategies:
  - the secret to teaching happy and confident children
  - action planning to identify and cope with stress and anxiety
  - self-management– what happens when I get stressed
  - how to empower young people to cope with challenging situations
  - follow-up – essential reading and resources

#### Target audience

Any member of staff working with young people in schools

#### Number and length of session

One webinar (1.5 hours)

#### Course leaders

Ian Hunkin, Director, Sigma Teaching School

Fritz Penn-Barwell, Director of Standards and School Improvement, Delta Education Trust

#### Course administrator

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** For details of availability and cost, please register your interest via the link below

#### Booking information

Please see <http://www.sigmateachingschool.org.uk/contact-us/> for more details

**Course title**

**Oppositional Defiance Disorder (ODD)**

**Course description and learning objectives**

- To gain a greater understanding of the difficulties experienced by students who display behaviours associated with ODD
- To discuss strategies to support pupils with ODD to engage successfully with others and in learning
- To plan the implementation of some of these strategies.

**Target audience**

All BCP school staff who work with children and young people

**Number and length of session**

One session (1-2 hours). Training is always bespoke to the school, so this is dependent on the school needs.

**Course leader**

Longspee Outreach

**Course administrator**

Longspee Outreach [r.thynne@longspeeschool.co.uk](mailto:r.thynne@longspeeschool.co.uk)

01202 380266

**Dates** Dependent on school need

**Time** Dependent on school need

**Venue** Dependent on school need

**Cost** Included in Outreach Local Offer

**Booking information**

[Application](#) forms to be sent to [sendbso@bcpcouncil.gov.uk](mailto:sendbso@bcpcouncil.gov.uk)

**Course title**

PACE+ Approach free online training

**Course description and learning objectives**

Our new online training page where we offer the opportunity to engage in further training courses from the comfort of your own home.

This online course will be a series of sessions, which when completed, will enable you to understand and support children and young people who have experienced trauma.

**Target audience**

Anyone with an interest in understanding and supporting children who have experienced trauma.

**Number and length of sessions**

A series of weekly sessions updated every Tuesday to view at your leisure.

**Course leader**

Ian Hunkin, Director, Sigma Teaching School

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** Available now

**Time** Online

**Venue** Online

**Cost** Free

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/online-training/> for more details

**Course title**

PACE+ Approach online course - Autumn 2020 (October)

**Course description and learning objectives**

Evidence-based interventions to work effectively with children and young people with Social, Emotional and Mental Health (SEMH) needs. We offer the opportunity to learn practical, evidence-based strategies in order to be able to work successfully with children and young people with SEMH needs.

The use of the PACE+ Approach (Playfulness, Acceptance, Curiosity and Empathy) overtime by key adults with a child or young person who has experienced relational trauma:

- helps to overcome blocked trust – developing a relationship in which the child or young person allows the adult to have some influence on him/her rather than trying to control the adult
- breaks the cycle of blocked care allowing the child to accept the care and support from the key adult and, as a result, stopping the adult from feeling rejected and ineffective
- helps the child or young person to become open and engaged to learning (by helping him/her to feel safe) rather than being stuck in a hyper-vigilant state of fight and flight or freeze.

**Course Content**

- The transformative power of feeling safe
- From mistrust to trust
- What about when it goes wrong?
- Teaching the social and emotional skills not yet learned
- Self-care and organisational-care
- The right intervention at the right time

**Target audience**

SEND, pastoral, teachers, teaching assistants, anyone with an interest in SEMH

**Number and length of sessions**

Six webinars (1.5 hours each)

**Course leader**

Ian Hunkin, Director, Sigma Teaching School

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** Session 1: 8 October 2020  
Session 3: 5 November 2020  
Session 5: 3 December 2020

Session 2: 15 October 2020  
Session 4: 19 November 2020  
Session 6: 10 December 2020

**Time** 4pm – 5.30pm

**Venue** Online

**Cost** £125 (A Sigma subscription is available and can be used towards this course)

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/cpd-leadership/> for more details

**Course title**

PACE+ Approach online course - Spring 2021 (January)

**Course description and learning objectives**

Evidence-based interventions to work effectively with children and young people with Social, Emotional and Mental Health (SEMH) needs. We offer the opportunity to learn practical, evidence-based strategies in order to be able to work successfully with children and young people with SEMH needs.

The use of the PACE+ Approach (Playfulness, Acceptance, Curiosity and Empathy) overtime by key adults with a child or young person who has experienced relational trauma:

- helps to overcome blocked trust – developing a relationship in which the child or young person allows the adult to have some influence on him/her rather than trying to control the adult
- breaks the cycle of blocked care allowing the child to accept the care and support from the key adult and, as a result, stopping the adult from feeling rejected and ineffective
- helps the child or young person to become open and engaged to learning (by helping him/her to feel safe) rather than being stuck in a hyper-vigilant state of fight and flight or freeze.

**Course Content**

- The transformative power of feeling safe
- From mistrust to trust
- What about when it goes wrong?
- Teaching the social and emotional skills not yet learned
- Self-care and organisational-care
- The right intervention at the right time

**Target audience**

SEND, pastoral, teachers, teaching assistants, anyone with an interest in SEMH

**Number and length of session**

Six webinars (1.5 hours each)

**Course leader**

Ian Hunkin, Director, Sigma Teaching School

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** Session 1: 12 January 2021  
Session 3: 9 February 2021  
Session 5: 9 March 2021

Session 2: 26 January 2021  
Session 4: 23 February 2021  
Session 6: 23 March 2021

**Time** 4pm – 5.30pm

**Venue** Online

**Cost** £125 (A Sigma subscription is also available and can be used towards this course)

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/cpd-leadership/> for more details

**Course title**

**PACE + Approach taster session for headteachers and senior leadership teams**

**Course description and learning objectives**

An Introduction to the PACE+ Approach for headteachers and senior leadership teams. The PACE+ approach provides evidence-based interventions to work effectively with:

- pupils with Social, Emotional and Mental Health (SEMH) needs
- pupils who have experienced Adverse Childhood Experiences (ACEs)
- supporting all pupils to be open and engaged to learning.

The use of PACE+ Approach (Playfulness, Acceptance, Curiosity and Empathy) overtime by key adults with a child or young person who has experienced relational trauma:

- helps to overcome blocked trust—developing a relationship in which the child or the young person allows the adult to have some influence on him/ her rather than trying to control the adult
- breaks the cycle of blocked care allowing the child to accept the care and support from the key adult and, as a result, stopping the adult from feeling rejected and ineffective
- helps the child or young person to become open and engaged to learning (by helping him/her to feel safe) rather than being stuck in a hyper-vigilant state of fight or flight and freeze.

Session Content:

- building trust: The PACE Approach
- the transformative power of feeling safe: The Polyvagal Theory
- what about when it goes wrong? The 4Rs (Regulate, Relate, Reflect and Repair)
- learning: teaching the social and emotional skills not yet learned.

**Target audience**

Headteachers and Senior Leadership Teams

**Number and length of session**

One online session (1.5 hours)

**Course leader**

Ian Hunkin, Director, Sigma Teaching School

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** 17 November 2020

**Time** 4pm – 5.30pm

**Venue** Online

**Cost** £25 per person (Free to BCP schools, must be on the BCP schools list)

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/cpd-leadership/> for more details



**Course title**

Pace + Approach bespoke inset day for your school 2020/2021

**Course description and learning objectives**

We understand that to release a group of staff to attend training off site can not only be impractical but also costly if cover needs to be arranged. That's why we are excited to be able to offer your school bespoke training on site so all staff get the opportunity to attend

The PACE+ approach provides evidence-based interventions to work effectively with:

- pupils with Social, Emotional and Mental Health (SEMH) needs
- pupils who have experienced Adverse Childhood Experiences (ACEs)
- supporting all pupils to be open and engaged to learning.

Topics and strategies covered in the training will include:

- building trust: The PACE Approach
- the transformative power of feeling safe: The Polyvagal Theory
- what about when it goes wrong? The 4Rs (Regulate, Relate, Reflect and Repair)
- learning: teaching the social and emotional skills not yet learned.

**Target audience**

Headteachers/all school staff

**Number and length of Session**

One session (all day)

**Course leader**

Ian Hunkin, Director, Sigma Teaching School

**Course administrator**

Julia Stewart [j.stewart@sigmateachingschool.org](mailto:j.stewart@sigmateachingschool.org)

**Dates** If you think this is something you would like to facilitate for your school and would like to find out more about how we can work with you, please contact us on the link below.

**Time** All day

**Venue** Your school

**Cost** £600

**Booking information**

Please see <http://www.sigmateachingschool.org.uk/contact-us/> for more details

\*This will be offered when Government guidelines are updated regarding social distancing and it is safe to do so.

**Course title**

Positive behaviour management and SEMH

**Course description and learning objectives**

- To increase your understanding of SEMH needs
- To identify a range of positive strategies which, if consistently applied, will positively influence a student's behaviour
- To consider the importance of the language we use
- To feel confident in delivering new strategies in a range of situations.

**Target audience**

All BCP school staff who work with children and young people

**Number and length of session**

One session (1-2 hours). Training is always bespoke to the school, so this is dependent on the school needs.

**Course leader**

Longspee Outreach

**Course administrator**

Longspee Outreach [r.thynne@longspeeschool.co.uk](mailto:r.thynne@longspeeschool.co.uk)  
01202 380266

**Dates** Dependent on school need

**Time** Dependent on school need

**Venue** Dependent on school need

**Cost** Included in Outreach Local Offer

**Booking information**

[Application](#) forms to be sent to [sendbso@bcpcouncil.gov.uk](mailto:sendbso@bcpcouncil.gov.uk)

**Course title**

Social, emotional and mental health (SEMH) conferences

**Course description and learning objectives**

Each conference has a different theme linked to Social, Emotional and Mental Health. There is a key notes speaker followed by separate workshops that can be signed up for.

**Target audience**

All school staff

**Number and Length of Sessions:**

One half Day

**Course leader**

James Franzen and additional guest speakers

**Course administrator**

Sophie Bennett [sophie.bennett@queenspark-academy.co.uk](mailto:sophie.bennett@queenspark-academy.co.uk)  
01202 526079

**Dates** TBC each term

**Time** 1pm – 4pm

**Venue** The Hub – Poole

**Cost** £15 per session

**Booking information**

This course will be bookable via [www.cpdportal-sw.org](http://www.cpdportal-sw.org) once a date has been finalised.

**Course title**

Trauma-informed and trauma-responsive practice

**Course description and learning objectives**

- Increased working knowledge of child trauma and mental health
- Increased working knowledge of a range of effective interventions to enable troubled children to learn and develop well emotionally and socially

**Target audience**

All BCP school staff who work with children and young people

**Number and length of session**

One session (1-2 hours). Training is always bespoke to the school, so this is dependent on the school needs.

**Course leader**

Longspee Outreach

**Course administrator**

Longspee Outreach [r.thynne@longspeeschool.co.uk](mailto:r.thynne@longspeeschool.co.uk)  
01202 380266

**Dates** Dependent on school need

**Time** Dependent on school need

**Venue** Dependent on school need

**Cost** Included in Outreach Local Offer

**Booking information**

[Application](#) forms to be sent to [sendbso@bcpcouncil.gov.uk](mailto:sendbso@bcpcouncil.gov.uk)

**Course title**

Trauma informed schools - diploma

**Course description and learning objectives**

The training provides delegates with key insights into the psychology and neuroscience of mental ill-health and challenging behaviour alongside vital tools and techniques in knowing how to respond to a child's narrative of painful life events. So often this is enough to prevent years of suffering and the medicalising of their distress with psychiatric labels and medication. Delegates will also be trained to know when to seek the support of psychologist-led supervision and when, due to limits of competence, to refer on.

The course not only focuses on working with children individually but also on changing whole school cultures to be mentally healthy for all. Delegates also learn to use 'motional', an online tool used for assessing, improving and measuring change in emotional health and well-being.

**Target audience**

All school staff

**Number and length of sessions**

10 full days

**Course leader**

Clare Williams

**Course administrator**

Sophie Bennett [Sophie.bennett@queenspark-academy.co.uk](mailto:Sophie.bennett@queenspark-academy.co.uk)  
01202 526079

**Dates** 4 and 15 September 2020                      12 and 13 October 2020  
16 and 17 November 2020                      7 and 8 December 2020  
25 and 26 January 2021

**Time** 9am – 4pm

**Venue** Queen's Park Academy, East Way, Bournemouth, BH8 9PU

**Cost** £1355.00

**Booking information**

Please see [www.cpdportal-sw.org](http://www.cpdportal-sw.org) to book a place on this course.

**Course title**

Trick Box – introducing and maximising SEMH impact in KS1 and KS2

**Course description and learning objectives**

Trick box is a simple, fun, evidence based, emotional management and personal development programme creating long term personal autonomy and resilience.

**Session 1 – What is Trick Box?**

An introduction session for those unfamiliar with Trick Box and unsure how the programme works.

**Session 2 – Maximising impact for Trick Box schools**

- Measuring and tracking wellbeing – matching ‘tricks’ to intended outcomes.
- Leading and sustaining – sharing best practice, motivating staff and engaging parents.
- Hidden gems within the tricks to positively impact children’s lives – research and reasoning.

**Target audience**

All school staff

**Number and length of sessions**

Two sessions (half day in total)

**Course leader**

Suzanne Miles and Mark Saxby

**Course administrator**

Sophie Bennett [Sophie.bennett@queenspark-academy.co.uk](mailto:Sophie.bennett@queenspark-academy.co.uk)  
01202 526079

**Dates** TBC

**Time** 12.30pm – 4pm (session one 12.30pm – 1.30pm, session two 1.30pm – 4pm)

**Venue** Queen’s Park Academy, East Way, Bournemouth, BH8 9PU

**Cost** £65

**Booking information**

This course will be bookable via [www.cpdportal-sw.org](http://www.cpdportal-sw.org) once a date has been finalised.

# Physical and Sensory

## Course title

**Including the child or young person with hearing impairment in your school or setting**

## Course description and learning objectives

This programme will provide essential background information on the implications of hearing impairment (HI) and effective ways of meeting the needs of the child or young person with hearing impairment in your setting, whether pre-school, primary, secondary or college. Issues specific to different phases will be addressed within working groups.

The focus will be the impact of HI on learning and the practical management strategies which can be used to ensure effective inclusion.

## Target audience

Appropriate for teachers, early years providers, lecturers, SENCOs and teaching assistants who have just received a pupil with hearing impairment in their class or setting.

Delegates need to be directly involved in work with a child or young person who has a hearing impairment and will be invited to attend by a member of the HSS team.

## Number and length of session

One session

## Course leader

Elisabeth Gower

## Course administrator

**Dates** 22 October 2020

**Time** 9.15am – 3.30pm

**Venue** Merley House, Merley House Lane, Wimborne, BH21 3AA

**Cost** Early Years £25 Schools and Colleges £75

## Booking information

Please use Dorset Nexus to request a place on this course before 15 October 2020

<http://www.dorsetnexus.org.uk/Event/117258>

**Course title**

Management of anaphylaxis in Schools

**Course description and learning objectives**

The aim of the course is to promote a consistent, safe and effective programme of training for school staff, in the management of a severe, life-threatening, generalised or systemic hypersensitivity reaction to an allergen (anaphylaxis) for children who have an adrenaline auto injector

**Target audience**

School staff

**Number and length of session**

As dictated by schools who have children with anaphylaxis. One session per school although can offer a maximum of two sessions per school over an academic year. Sessions can be between 30 – 45 minutes long.

**Course leader**

Public Health Staff Nurse (school nursing) – dependent on area

**Course administrator**

Public Health Staff Nurse

**Dates** As requested by schools – several sessions pan Dorset planned for September

**Times** As requested

**Venue** Online - delivered via Microsoft Teams

**Cost** TBC

**Booking information**

Please email your area Public Health Staff Nurse to register your interest in this course



**Course title**

Management of epilepsy in schools where children require rescue medication

**Course description and learning objectives**

To promote a consistent, safe and effective programme of training for school staff, in the management of epilepsy in schools where children require rescue medication

**Target audience**

School staff

**Number and length of session**

As dictated by schools who have children with epilepsy who require rescue medication. One session per school although can offer a maximum of two sessions per school over an academic year. Sessions can be between 30 – 45 minutes long

**Course leader**

Public Health Staff Nurse (school nursing) – dependent on area

**Course administrator**

Public Health Staff Nurse

**Dates** As requested by schools – several sessions pan Dorset planned for September

**Times** As requested

**Venue** Online - delivered via Microsoft Teams

**Cost** TBC

**Booking information**

Please email your area Public Health Staff Nurse to register your interest in this course

**Course title**

**Removing Barriers: Sensory Differences**

**Course description and learning objectives**

This practical workshop will focus on children with Sensory Differences and provide the opportunity to develop skills and share good practice. The emphasis will be on practical classroom strategies to support the learning needs of pupils.

Teachers and Teaching Assistants will have increased skills and confidence in meeting a wide range of additional needs in the classroom. This will include effective behaviour management strategies and an understanding of pupil behaviour as a form of communication. This workshop will enable pupils with SEND to be effectively supported to make maximum progress in all areas of the curriculum.

**Target audience**

This course is suitable for SENCOs, teachers, higher level teaching assistants and ELSAs

**Number and length of session**

One session

**Course leader**

Kate Tuck

**Course administrator**

Jackie Horne [jackiehorne@linwood.bournemouth.sch.uk](mailto:jackiehorne@linwood.bournemouth.sch.uk)

**Dates** TBC

**Time** TBC

**Venue** TBC

**Cost** £75 (Boost funding available for BCP schools)

**Booking information**

This course will be bookable via CPD online when a date has been finalised

**Course title****SENsational Students****Course description and learning objectives**

A live online training session with Active Play Therapies' Advanced Sensory Integration Practitioner and Specialist Occupational Therapist Anna Willis.

The session will cover what sensory integration is, how sensory integration is relevant to all children (and adults), how to spot sensory difficulties in an education setting, and how you can help create children a 'toolkit' of strategies to help without needing to buy expensive sensory equipment, as well as an opportunity to ask questions relevant to your children and settings.

Sensory difficulties can be present in children with no diagnosis, as well as commonly for children with autism, learning difficulties, Developmental Coordination Disorder, ADHD, developmental delay or learning disabilities.

Sensory difficulties can present as behavioural or motor difficulties such as:

- emotional regulation
- paying attention
- PE
- handwriting,
- sitting still
- using resources.

**Target audience**

This course is suitable for SENCOs, teachers, higher level teaching assistants and ELSAs

**Number and length of session**

Two sessions (1.5 hours each)

**Course leader**

Anna Willis

**Course administrator**

Ruth Morgan [ruth.morgan@bcpcouncil.gov.uk](mailto:ruth.morgan@bcpcouncil.gov.uk)

**Dates** Session 1: 12 October 2020

Session 2: 30 November 2020

**Time** 3.45pm – 5.15pm

**Venue** Online (Microsoft Teams)

**Cost** £20

**Booking information**

This course will be bookable via CPD online shortly.

**Course title**

Sensory processing difficulties

**Course description and learning objectives**

Introduction to sensory processing difficulties  
Identifying sensory needs  
Strategies for support

**Target audience**

All BCP school staff who work with children and young people

**Number and length of session**

One session (1-2 hours). Training is always bespoke to the school, so this is dependent on the school needs.

**Course leader**

Longspee Outreach

**Course administrator**

Longspee Outreach [r.thynne@longspeeschool.co.uk](mailto:r.thynne@longspeeschool.co.uk)  
01202 380266

**Dates** Dependent on school need

**Time** Dependent on school need

**Venue** Dependent on school need

**Cost** Included in Outreach Local Offer

**Booking information**

[Application](#) forms to be sent to [sendbso@bcpcouncil.gov.uk](mailto:sendbso@bcpcouncil.gov.uk)

# Early Help

## Course title

**Introduction to childhood bereavement**

## Course description and learning objectives

An introductory workshop to provide information and guidance on childhood bereavement.

- To gain a basic overview of loss, grief and bereavement in children and young people
- To understand how a child's development influences their understanding of death
- To develop confidence and skills for supporting bereaved children and young people
- To recognise the importance of self-awareness in supporting others
- To develop practical skills in working with telling the story, and dealing with difficult feelings and memories
- To recognise the importance of looking after ourselves and ways to self-support
- To consider practical resources to use with children and young people

## Target audience

Professionals from education, health and other agencies working with children and young people

## Number and length of session

Two sessions (2.5 hour each) over two weeks

## Course leader

Sian Haynes

## Course administrator

[info@mosaicfamilysupport.org](mailto:info@mosaicfamilysupport.org)

01258 837071

**Dates** To be announced

**Time** 10am – 12.30pm

**Venue** Online

**Cost** £60 per person to include CPD certificate on completion

## Booking information

Please see [info@mosaicfamilysupport.org](mailto:info@mosaicfamilysupport.org) for more details

**Course title**

**Introduction to motivational interviewing**

**Course description and learning objectives**

This two day workshop aims to teach participants the spirit and principles involved in using Motivational Interviewing (MI) to help people make behavioural and attitudinal change.

Participants will have learned and practised essential skills in MI. The training will aim to create curiosity to continue learning and develop practice.

Participants will be offered the opportunity to:

- learn and experience the fundamental spirit and processes of MI
- witness examples of adherent MI through live, audio and video demonstrations
- learn and strengthen, through practice, empathetic counselling skills essential to MI
- understand and practice the guiding aspects of MI
- directly experience the MI approach in a protective environment
- gain an awareness of the extensive literature supporting MI as an evidence base in working with complexity and facilitating change.

**Target audience**

Social Worker and practitioners

**Number and length of session**

Two sessions (full days)

**Course leader**

Jackie Webb

**Course administrator**

CYPSC Admin [c.training@bcpcouncil.gov.uk](mailto:c.training@bcpcouncil.gov.uk)

**Dates** 4 and 5 November 2020

**Time** 9.30am – 4.30pm

**Venue** Online via Zoom

**Cost** Free

**Booking information**

Please use CPD online to request a place on this course

<https://www.bcpworkforcedevelopment.co.uk/courses/bookings/motivationalinterviewing>

**Course title**

Loss and bereavement (including context of the current pandemic)

**Course description and learning objectives**

- To raise awareness of the extent of loss and bereavement in children's lives.
- Understanding loss experienced as a result of COVID-19
- Consider the grieving process
- Understand the developmental nature of children's responses to death
- Increase confidence in supporting bereaved youngsters

Target audience

All staff working with children and young people

**Number and Length of sessions**

In person ½ day

Via PowerPoint with audio two hours (approx.)

**Course leader**

Patience Picksley

**Course administrator**

Patience Picksley [patience.picklsey@bcpcouncil.gov.uk](mailto:patience.picklsey@bcpcouncil.gov.uk)

**Dates** N/A

**Time** N/A

**Venue** To be negotiated if delivery in person required

**Cost** TBC

**Booking information**

Please contact the course administrator for more information regarding cost and availability. A link to the PowerPoint will be available shortly.

**Course title**

Reducing parental conflict

**Course description and learning objectives**

This on-line learning programme has been designed to complement the 'classroom' sessions previously provided. The course is divided into 4 separate Modules:

- module 1 introduces parental conflict and how to interpret and use the evidence base.
- module 2 and Module 3 introduce practical tools to support frontline practitioners, identify and explore parental conflict and support couples/co- parents in parental conflict situations no matter what their role. These modules focus on skills in practice with an emphasis on applying the appropriate tools and actions with respect to the evidence base.
- module 4 is aimed at supervisors and managers only and their approach to supporting practitioners.

**Target audience**

All BCP practitioners, who work with children, young people and their families to improve their outcomes: Including PVI sector and Schools.

**Number and Length of sessions**

4 modules (modules can be completed in any order and must be relevant to practitioner role)

**Course leader**

Knowledgepool – part of the Capita People Solutions Network

**Course administrator**

Early Years [Childcare.jobs@bcpcouncil.gov.uk](mailto:Childcare.jobs@bcpcouncil.gov.uk)

**Dates** Flexible must start and finished within six months

**Time** 45 minutes per module. Must be completed within six months of starting.

**Venue** Online ([www.knowledgepool.com/about-us](http://www.knowledgepool.com/about-us))

**Booking information**

Please use CPD online to request a place on this course before 1 October 2020. The booking generates an e-licence which must be activated by 31 October 2020 and completed within 6 months.

<https://www.bcpworkforcedevelopment.co.uk/courses/bookings/ReducingParentalConflict>



**Course title**

Reducing parental conflict – train the trainer

**Course description and learning objectives**

This workshop is designed to familiarise and upskill potential trainers to deliver the reducing parental conflict, classroom-based training modules confidently and in line with the objectives of each module. There is an expectation that successful candidates would be prepared to help cascade training across BCP Children and Families workforces.

By the end of this highly participative workshop format, participants will be able to:

- understand the importance of the structural design of the programme, utilising the elements of the programme and the corresponding materials
- deliver the programmes effectively, as designed, to diverse attendees
- position the materials and exercises relevantly to their audiences
- implement evidence based practice throughout
- execute the practical exercises in each module using the support materials as designed
- facilitate discussions and questions from audience members
- apply existing learning and development techniques for audience involvement including the 5 Ps model
- evaluate the feedback received
- promote the availability of further programmes

All participants will be given a Trainer Toolkit with reusable supplies needed for the effective running of each module.

**Target audience**

For BCP practitioners who have completed the classroom based reducing parental conflict modules or have completed modules via the on-line learning programme.

**Number and Length of sessions**

Two full days

**Course leader**

Knowledgepool

**Course administrator**

Childcare Jobs [childcare.jobs@bcpcouncil.gov.uk](mailto:childcare.jobs@bcpcouncil.gov.uk)

**Dates** 21 and 22 October 2020

**Time** 9am to 4.30pm

**Venue** EYCPD, East Way

**Booking information**

Please use CPD online to request a place on this course

<https://www.bcpworkforcedevelopment.co.uk/courses/bookings/ReducingParentalConflictTraintheTrainer>

**Course title**

Special educational needs – bereaved children and young people

**Course description and learning objectives**

A workshop designed to provide a basic understanding of the needs of bereaved children, along with the skills required to support children and young people with special needs and those with Autistic Spectrum Disorders (ASD).

- To provide basic knowledge of the perception of death for a child or young person with special needs
- To consider theories of loss and mourning in relation to children and young people with special needs
- To develop greater confidence in providing support and clear communication about death with children and young people with special needs
- To gain information on resources available
- To identify an awareness of our own needs as professionals and ways to self-support

**Target audience**

Professionals from education, health and other agencies working with children and young people

**Number and length of session**

Two sessions (2.5 hour each) over 2 weeks

**Course leader**

Siân Haynes

**Course administrator**

[info@mosaicfamilysupport.org](mailto:info@mosaicfamilysupport.org)

01258 837071

**Dates** To be announced

**Time** 10am – 12.30pm

**Venue** Online

**Cost** £60 per person to include CPD certificate on completion

**Booking information**

Please see [info@mosaicfamilysupport.org](mailto:info@mosaicfamilysupport.org) for more details

# Safeguarding

The following courses are all run by the Pan Dorset Safeguarding Partnership Board. Please use the link below to find out more information and details of upcoming courses.

- CEOP ThinkUKnow Online Safety training
- LSCB Child Criminal Exploitation including County Lines
- LSCB Child Sexual Exploitation Level 2
- LSCB Child Sexual Exploitation Level 3
- LSCB Courageous Conversations
- LSCB Domestic Abuse, impact on children
- LSCB Harmful Sexual Behaviour
- LSCB Level 2 Safeguarding Children
- LSCB Level 3 Safeguarding Children Initial
- LSCB Level 3 Safeguarding Children Update
- LSCB Managing Allegations
- LSCB Neglect
- LSCB Safer Recruitment
- LSCB Supervision for Safeguarding – Schools and Early Years only
- LSCB Supporting Young People who self-harm
- LSCB Tackling the Far Right – Awareness and Counter Narrative training
- LSCB Working with Child Sexual Abuse

<https://www.dorsetnexus.org.uk/Services/2878>

# Children in Care

## **Course title**

**Attachment difficulties**

## **Course description and learning objectives**

- To refresh and increase your knowledge and understanding of attachment disorder
- To offer strategies to support students with attachment difficulties to engage successfully with learning
- To plan the implementation of some of these strategies.

## **Target audience**

All BCP school staff who work with children and young people

## **Number and length of session**

One session (1-2 hours). Training is always bespoke to the school, so this is dependent on the school needs.

## **Course leader**

Longspee Outreach

## **Course administrator**

Longspee Outreach [r.thynne@longspeeschool.co.uk](mailto:r.thynne@longspeeschool.co.uk)  
01202 380266

**Dates** Dependent on school need

**Time** Dependent on school need

**Venue** Dependent on school need

**Cost** Included in Outreach Local Offer

## **Booking information**

[Application](#) forms to be sent to [sendbso@bcpcouncil.gov.uk](mailto:sendbso@bcpcouncil.gov.uk)

This course is also relevant to whole school approaches and social, emotional and mental health.

**Course title**

Attachment, trauma and resilience in practice: developing plans for effective evidence-based work with vulnerable children and young people

**Course description and learning objectives**

Joint project between Kate Cairns Associates (KCA), Rees Centre (Oxford), Ambitions Academy Trust AAT and BCP Virtual school.

- To develop understanding of how children's brain development is affected by relationships and experiences
- How secure attachment supports optimal brain development
- How toxic stress affects brain function
- The impact of unmet needs for secure attachment and recovery from trauma
- The importance of resilience in the adult network to support optimal brain development
- To develop understanding of how adults can make a difference when children and young people have unmet needs
- The skills that adults need
- Areas of intervention that can make a difference throughout childhood and beyond

**Target audience**

Key staff to be champions within their settings

**Number and length of session**

One day training and follow up supervision organised across the MAT (detail tbc)

**Course leader**

TBC

**Course administrator**

BCP Virtual School [virtual.school@bcpcouncil.gov.uk](mailto:virtual.school@bcpcouncil.gov.uk)

**Dates** TBC

**Time** TBC

**Venue** TBC

**Cost** Funding may be available for this course. Please contact the course administrator for more details.

**Booking information**

Please contact [virtual.school@bcpcouncil.gov.uk](mailto:virtual.school@bcpcouncil.gov.uk) with 'Training' in the subject line for more information.

This course is also relevant to whole school approaches and social, emotional and mental health.

**Course title**

An Introduction to the role of Designated Teachers for children in care

**Course description and learning objectives**

This session will give you an outline of what your role as Designated Teacher will include. It will look at current statutory guidance and an introduction to the Virtual School and children in care.

**Target audience**

Newly appointed Designated Teacher for Children in Care or those who feel they would benefit from an update

**Number and length of sessions**

One session (half day)

**Course leader**

Kelly Twitchen

**Course administrator**

Jay Friddani [Jay.Friddani@bcpcouncil.gov.uk](mailto:Jay.Friddani@bcpcouncil.gov.uk)

**Dates** January TBC

**Time** TBC

**Venue** TBC

**Cost** Free

**Booking information**

This course will be bookable via CPD online when a date has been finalised

# Useful links

**A Recovery Curriculum: Loss and Life for our children and schools post pandemic**  
<https://www.evidenceforlearning.net/recoverycurriculum/>

**Free digital and numeracy courses to build your skills**  
<https://theskillstoolkit.campaign.gov.uk/>

**Fun activities for primary and secondary schools to support wellbeing**  
<https://www.annafreud.org/schools-and-colleges/resources/selfcaresummer-primary-pack/>  
<https://www.annafreud.org/schools-and-colleges/resources/selfcaresummer-secondary-pack/>

**Innovating Minds webinars to support schools create mentally healthy environments**  
<https://resources.innovatingmindscic.com/resources/free-webinars-the-impact-of-covid-19-on-mental-health-in-the-education-sector>

**Level 2 Certificate in understanding Autism**  
<https://www.iwcollege.ac.uk/course-areas/distance-learning/courses/level-2-certificate-in-understanding-autism/>

**Practical materials for primary and secondary schools to train staff about teaching mental wellbeing**  
<https://www.gov.uk/guidance/teaching-about-mental-wellbeing>

**Preparing Autistic and SEND Children for going back to school**  
<https://www.schudio.tv/courses/preparing-autistic-send-children-for-going-back-to-school>

# Appendix

Longspee application form

| <b>Bournemouth, Christchurch and Poole School's Outreach application form</b>                     |                                      |
|---|--------------------------------------|
| School:   | School contact email and tel number: |
| Training required:  | Requested Outreach Provider:         |
| Number or delegates:  |                                      |
| <b>Reason for requesting outreach training including areas of concern:</b>                        |                                      |
|   |                                      |
| These are the <i>child-centred</i> outcomes we would like to see as a result of Outreach Support: | 1.                                   |
|   | 2.                                   |
|   | 3.                                   |

| <b>Proposed Training Objectives</b> (These will be confirmed at the joint planning meeting) |
|---|
| Objective 1   |
| Objective 2   |
| Objective 3   |

|                                       |
|---------------------------------------|
| Completed by (school representative): |
| Role within school:                   |
| Signature: _____ Date: _____          |

Please email this completed form securely to [sendbso@bcpcouncil.gov.uk](mailto:sendbso@bcpcouncil.gov.uk)